American Society for Nutrition
Excellence in Nutrition Research and Practice
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NUTRITION 2027

Where the Best in Science & Health Meet

July 26-29, 2027 • Las Vegas, NV

Call for Abstracts - Abstract Submission: Guidelines and Instructions

The American Society for Nutrition (ASN) welcomes the submission of research in the form of abstracts for presentation at NUTRITION 2027 which will be held July 26-29, 2027 in Las Vegas, NV. All abstract presentations will be given in-person only at NUTRITION 2027.

Abstracts can include:

Research	New research and/or secondary analysis of data
Methods	Newly established or characterized methods, or evaluations of existing methods
Protocols	Descriptions of proposed studies, or recruitment and process results of newly started studies
Case study	A clinical vignette or case report is a means of disseminating new knowledge gained from clinical practice

NUTRITION 2027 will feature a **President's Oral Session: Abstracts of Distinction** spotlighting innovative, impactful research that is advancing the field of nutrition research and practice. All abstracts submitted to NUTRITION 2027 will be considered for this prestigious session.

Click here to submit. For complete abstract submission guidelines and instructions, please see below. Before starting your abstract submission, view the **Abstract Submission Checklist** (also available at the end of this file) to help ensure your abstract includes all required elements.

Questions? Please contact education@nutrition.org.

Key Dates:

- Abstract submission opens: November 2, 2026
- Abstract submission closes: March 8, 2027, 11:59 PM ET
- Abstract acceptance notifications sent: April 5, 2027
- Abstract programming assignments sent: April 26, 2027

LATE BREAKING/RAPID SCIENCE SUBMISSIONS & ENCORE ABSTRACTS

ASN will welcome **Late Breaking/Rapid Science Submissions** and **Encore Abstracts** on April 5, 2027. **Eligibility and criteria for these submissions categories are different than the NUTRITION 2027 Call for Abstracts.**

For more information or questions, please contact education@nutrition.org.

Abstract Submission Guidelines:

Requirements:

NUTRITION 2027 abstract submissions must include unpublished research and be submitted through the NUTRITION 2027 Abstract Submission website. Multiple abstracts can be submitted by the same presenting author but must address different research. All abstracts must be submitted in English with accurate grammar and spelling suitable for publication. Authors are expected to comply with the Scientific Integrity Policy for Submission of Abstracts.

All abstract presentations will be given in-person only at NUTRITION 2027.

Authors:

Abstracts must be submitted by the presenting author who is expected to present the abstract at NUTRITION 2027. Co-authors can be included on the abstract.

Meeting Participation:

Submission of an abstract constitutes a commitment by the presenting author to present it if accepted. All abstract presentations will be given in-person only at NUTRITION 2027. Failure to present, if not justified, will jeopardize future acceptance of abstracts for ASN conferences.

The NUTRITION 2027 Registration and Housing website will open in early 2027. Bookmark the NUTRITION 2027 website to check for updates.

Abstract Submission Fee:

Presenting authors are required to pay a non-refundable fee for each submitted abstract.

ASN members receive exclusive discounts on NUTRITION 2027 abstract submission, registration, plus other member benefits! If you are unsure about your ASN member status, please email mem@nutrition.org. Please note ASN membership is required to (1) receive member-only rates for abstract submission and meeting registration, and/or (2) be eligible for abstract-based award competitions and recognition awards.

ASN Member Fee: $95
To qualify for discounted member abstract submission fees, submitters must be active members of ASN at the time of submission.

Non-member Fee: $130
If you are not an active ASN member and are interested in member-only pricing for abstract submission, click here. Joining ASN today will unlock exclusive benefits such as discounted NUTRITION 2027 registration and more! Once your membership application has been submitted, please allow 1-2 business days for approval. After your ASN membership has been activated, return to the NUTRITION 2027 Abstract Submission website to complete your abstract submission. ASN will not reimburse the difference between the member and non-member submission fees to any individual who submits an abstract prior to becoming a member.

A credit card (American Express, Discover, MasterCard or Visa) will be required for payment. No refunds will be provided if the abstract is withdrawn or not accepted. The abstract submission fee is separate from the meeting registration fee.

To offset the NUTRITION 2027 abstract submission fee for individuals who have been financially impacted such that they are otherwise unable to submit, or the full submission fee would present a hardship, ASN has established an Abstract Submission Fee Waiver program. ASN members and non-members are eligible to apply. Applications are subject to approval and approved waivers are limited to available funding. For consideration, please complete and submit an application by February 26, 2027. Waiver recipients will be contacted no later than March 4, 2027.

Registration Fee/Travel Costs:

Presenting authors associated with an abstract must register as a full-conference attendee or for a one-day registration for the meeting for the day of their assigned presentation. **The registration fee and travel costs are separate from the abstract submission fee**. Authors are responsible for all travel expenses (airfare, food, hotel, etc.) associated with presenting at the meeting.

Abstract-based Award Competitions and Award Recognition Awards:

Based on academic level and ASN membership status, presenting authors may apply for award competitions and abstract recognition awards during abstract submission. For more information, click here. Notifications will be sent to selected individuals in April 2027.

Revisions:

Revisions can be made through the NUTRITION 2027 Abstract Submission website through March 8, 2027. Please proofread abstract submissions carefully because edits will not be made by ASN staff. Abstracts will be published verbatim using the text and author information provided during abstract submission.

To facilitate publication of meeting abstracts in *Current Developments in Nutrition* in time for NUTRITION 2027, only essential changes can be made after abstract submission. Essential changes received by April 19, 2027 may be incorporated into the meeting app and *CDN* supplement. Essential changes that cannot be accommodated before NUTRITION 2027 will be published as an erratum or a corrigendum to the *Current Developments in Nutrition* supplement.

Abstract Review:

All abstracts will be peer-reviewed through a double-blind review process for quality assurance. Reviewers will consider the following when rating abstracts: abstract components (objective, methods, results and conclusions), significance and writing quality. Results should include at least preliminary data. To say, "the results will be discussed a NUTRITION 2027," is insufficient.

Abstracts without results will be rejected. Exceptions will only be made for study protocol abstracts, which must be denoted as a study protocol in the abstract title and submitted to the Protocols abstract topical area.

Acceptance and Programming Notification:

Presenting authors will be notified by email regarding abstract acceptance on April 5, 2027 and abstract programming details (abstract presentation number, presentation type/date/time/location) on April 26, 2027. Please make sure your e-mail settings will allow emails from mcrispino@nutrition.org, education@nutrition.org and support@GoCadmium.com to ensure important program information gets through your SPAM filters.

Publication:

Accepted abstracts will be published in *Current Developments in Nutrition*, one of ASN's gold open access journals. Abstracts will be published verbatim using the text and information provided

during abstract submission. Abstract authors will be listed in the same order as they are included in the abstract submission.

While accepted abstracts will be published in *Current Developments in Nutrition*, accepted abstracts will not be indexed in PubMed or PubMed Central.

Authors are free to develop their work into full article submissions without any permission or approval by the *Current Developments in Nutrition* editors. All authors are encouraged to submit their full articles to one of ASN's journals: *The Journal of Nutrition, The American Journal of Clinical Nutrition, Advances in Nutrition* or *Current Developments in Nutrition*. When submitting your work to an ASN or other journal, publication of the meeting abstract should be mentioned in the cover letter to the submitting journal. When submitting outside the ASN family of journals, authors are encouraged to read the journal's Instructions for Authors or contact the editorial office for further guidelines on disclosing abstract publication.

Full abstract citation information will be available once the abstracts are published in *Current Developments in Nutrition*.

Embargo Policy:

Accepted abstracts are embargoed until the beginning of the first session in which they are presented, unless otherwise specified. An embargo means that information and data pertaining to the abstract may not be announced, publicized or distributed before the embargo date and time. Promotion of general topics, speakers or presentation times is allowed and encouraged as long as specific findings are not included in the announcement.

Abstract Submission Instructions:

Before starting your abstract submission, view the **Abstract Submission Checklist** (also available at the end of this file) to help ensure your abstract includes all required elements.

Abstract Submission Website:

NUTRITION 2027 abstracts must be submitted through the NUTRITION 2027 Abstract Submission website. All presenting authors must create a new user account to submit an abstract. To do so, click the 'Create Account' button at the bottom of the NUTRITION 2027 Abstract Submission website login page.

People-first Language:

ASN strongly recommends the use of "people-first language". This includes describing individuals as people with a medical condition rather than as diseases or disabilities. Terms such as "adults with obesity" and "children with diabetes" are preferred over "obese adults" and "diabetic children". For more information consult "Use of people-first language with regard to obesity" *Am J Clin Nutr* 2018;108:201 or "The Effect of Words on Health and Diabetes" *Diabetes Spectrum* 2017;30:1116.

Technical Support:

Technical Support can be reached 9:00 AM to 9:00 PM EST, Monday to Friday, by toll-free phone at 877-426-6323 or by e-mail at support@GoCadmium.com.

The information included on pages 6-13 will be required during the abstract submission process. Presenting authors will be required to complete a series of tasks which are described below.

Abstract Information (Abstract Title, Preferred Presentation Type, Presenting Author Academic Level):

Before starting your abstract submission, view the **Abstract Submission Checklist** (also available at the end of this file) to help ensure your abstract includes all required elements.

Once logged into the NUTRITION 2027 Abstract Submission website presenting authors should click the green 'Click here to begin a new abstract' link to begin.

Abstract Title:

The abstract title should be entered in Title Case and be short and specific. The abstract title has a character limit of 150 characters not including spaces.

Preferred Presentation Type:

Presenting authors can indicate their interest in a preferred presentation type. These include:

- **Poster (Poster Session):** Traditional poster sessions offer attendees the ideal opportunity to present their own research and learn more about their peers' science. Poster sessions will be held Monday, July 26 through Wednesday, July 28.
- **Oral (Oral Session or Poster Theater Flash Session):** At NUTRITION 2027, Oral Sessions and Poster Theater Flash Sessions will highlight outstanding abstracts in a topical area. Presenting authors can opt to have their abstract considered for oral presentations, however, selection is not guaranteed. If an accepted abstract is not selected for oral presentation, it will be programmed as a poster presentation.
- **Indifferent**

Presenting Author Academic Level:

The academic level of the presenting author must be confirmed. Academic levels include:

- Investigator (more than 10 years past receiving a doctoral or terminal degree)
- Early Career II Investigator (within 6-10 years of receiving a doctoral or terminal degree)
- Early Career I Investigator (within 5 years of receiving a doctoral or terminal degree)
- Postdoctoral Fellow
- Medical Trainee (intern/resident/fellow)
- Graduate Student
- Medical Student
- Undergraduate Student
- High School Student
- None of the above

✓ When the above information is provided, click the blue 'Submit' button to create the abstract. Once an abstract is created, a Task List page will be displayed.

Presenting Author Task:

The presenting author's contact information and ASN membership status must be provided when a submitter profile is created on the NUTRITION 2027 Abstract Submission website. Once logged in and a new abstract submission is started, the presenting author's information will automatically be included in the Presenting Author Task. Follow the directions provided to complete the presenting author information.

The following information must be confirmed for the presenting author:

- First Name
- Last Name
- Contact Details
    - Email Address
    - Phone
    - Mailing address
- Professional Information
    - Institution
    - Credentials (degree)

If a middle initial is provided for the presenting author, it will be included when the abstract is published in *Current Developments in Nutrition*.

Additional fields are included but are optional to be provided.

Accepted abstracts will be published in *Current Developments in Nutrition*, one of ASN's gold open access journals. When published, abstract authors will be listed with the presenting author first, followed by the co-authors in the order they are listed and based on the information provided in the Co-Authors(s) Task.

✓ When the presenting author information is completed, click the blue 'Save Presenting Author' button to complete the task.

Co-Author(s) Task:

The abstract submission should identify all co-authors who have substantially contributed to the concept, data collection and analysis, or preparation of the abstract and therefore may have intellectual property claims to the content.

The following information must be added for all co-authors to be included on the abstract:

- First Name
- Last Name
- Email Address
- Institution
- Country

If a middle initial is provided for a co-author, it will be included when the abstract is published in *Current Developments in Nutrition*.

Additional fields are included but are optional to be provided.

Accepted abstracts will be published in *Current Developments in Nutrition*, one of ASN's gold open access journals. When published, abstract authors will be listed with the presenting author first, followed by the co-authors in the order they are listed and based on the information provided in the Co-Authors(s) Task.

Please thoroughly review all co-author information carefully to ensure all co-authors are included, all co-author information is correct, and co-authors are listed in the correct author order.

✓ When all co-author information is added or if you do not wish to include any co-authors, click 'Continue' to complete the task.

Abstract Task:

Before starting your abstract submission, view the **Abstract Submission Checklist** (also available at the end of this file) to help ensure your abstract includes all required elements.

Accepted abstracts will be published in *Current Developments in Nutrition*, one of ASN's gold open access journals. Abstracts will be published verbatim using the text and information provided during abstract submission.

Character Limit:

The abstract has a character limit of 2300 characters not including spaces. Each abstract should be formatted using the headings Objectives, Methods, Results, Conclusions, Funding Sources, and AI Disclosure.

Please view pages 10-11 for more details about what should be included in each section.

Due to the amount of information required, ASN recommends presenting authors develop and save their abstract in a Word document. Abstract text can then be copied and pasted into the relevant abstract heading sections.

Primary Track and Primary Topical Area:

During submission, authors will be asked to select a **Primary Track** and **Primary Topical Area** that best align with their work. ASN recognizes that research can span multiple tracks and topical areas, and authors should select the options that most closely reflect their work.

We encourage authors to submit their abstracts even if their research does not fit precisely within the available options. Abstracts will be reviewed and an abstract's track and/or topical area may be adjusted to group like abstracts together for presentation.

Click here to view/download the complete track and topical area list. Below, please find more information about specific topical areas for clarification:

- **Clinical Case Study Abstracts:** Special instructions regarding abstract submission for the Clinical Case Study topical area are included on page 14.
- **Methods Abstracts:** Abstracts should address newly established or characterized methods, or evaluations of existing methods.
- **Protocols Abstracts:** Abstracts should include descriptions of proposed studies, or recruitment and process results of newly started studies. Protocols abstracts must be denoted in the abstract title and submitted to the Protocols abstract topical area. Abstracts including preliminary results from ongoing studies should not be submitted to the Protocols topical area and should be submitted to the appropriate topical area for the abstract's content.

Important Notes:

People-first Language:

ASN strongly recommends the use of "people-first language". This includes describing individuals as people with a medical condition rather than as diseases or disabilities. Terms such as "adults with obesity" and "children with diabetes" are preferred over "obese adults" and "diabetic children". For more information consult "Use of people-first language with regard to obesity" *Am J*

Clin Nutr 2018;108:201 or "The Effect of Words on Health and Diabetes" *Diabetes Spectrum* 2017;30:1116.

Disclosure Regarding Generative AI and AI-assisted Technologies:

Authors must include a disclosure about generative AI and AI-assisted technology use.

- AI Disclosure: Authors must disclose the use of generative AI and AI-assisted technologies or confirm such tools were not used for abstract preparation in the 'AI Disclosure' section during submission. Basic checks of grammar, spelling and punctuation do not need a declaration statement. However, when an AI tool makes substantive changes to sentence structure or organization of a part of the text, this should be disclosed.
- Methods: Where AI tools are used as part of the research process, this use should be described in detail in the 'Methods' section.

Additional Formatting and Content Guidelines:

- Supporting images, tables and graphs will not be accepted with abstracts
- When using abbreviations for compounds, the full name should be spelled out for the first mention. The *Current Developments in Nutrition* instructions for abbreviations, units of measure and nomenclature should be followed. Do not begin sentences with numerals.
- Names and institutions of the presenting author or co-authors should not be included in the abstract body as this could impact the efficacy of a blinded abstract review process.
- Proof the abstract carefully to confirm that any special characters (such as α, β, etc.) are displaying properly.
- When entering abstract information on the NUTRITION 2027 Abstract Submission website, do not use the options to insert/edit video, insert/edit link, or create a table. Any such elements will be removed.

Saving Your Abstract:

The Abstract Task cannot be saved unless all required fields are completed. Required fields include: Primary Track, Primary Topical Area, Objectives, Methods, Results, Conclusions, Funding Sources, and AI Disclosure.

Required Abstract Headings/Sections:

The abstract has a character limit of 2300 characters not including spaces. Each abstract should be formatted using the headings Objectives, Methods, Results, Conclusions, Funding Sources, and AI Disclosure. The abstract's current total character count not including spaces can be found in the gray bar at the bottom of the page.

Objectives:

State the precise objective, the specific hypothesis to be tested, or both.

Methods:

Provide a clear, concise description of specific methods, including research design. Describe interventions, if used.

Where AI tools are used as part of the research process, this use should be described in detail in the Methods section.

Results:

Report the most important findings, including results of statistical analyses. Results should include at least preliminary data. To say, "the results will be discussed at NUTRITION 2027," is insufficient.

Abstracts without results will be rejected. Exceptions will only be made for study protocol abstracts, which must be denoted as a study protocol in the abstract title and submitted to the Protocols abstract topical area.

Conclusions:

Summarize in 1 or 2 sentences the primary outcomes of the study, including their potential significance (avoid generalizations).

Funding Sources:

Funding sources (organizations, institutions, agencies) for the research included in the abstract should be listed. Grant numbers should not be included in the abstract as this could impact the efficacy of a blinded abstract review process.

If none, state: "No external funding"

AI Disclosure (declaration regarding use of generative AI and AI-assisted technologies):

Authors must disclose the use of generative AI and AI-assisted technologies or confirm such tools were not used for abstract preparation in the 'AI Disclosure' section during submission.

Basic checks of grammar, spelling and punctuation do not need a declaration statement. However, when an AI tool makes substantive changes to sentence structure or organization of a part of the text, this should be disclosed.

Where authors use generative artificial intelligence (AI) and AI-assisted technologies in the writing process, authors should only use these technologies to improve readability and language. Applying the technology should be done with human oversight and control, and authors should carefully review and edit the result, as AI can generate authoritative-sounding output that can be incorrect, incomplete or biased. AI and AI-assisted technologies should not be listed as an author or co-author, or be cited as an author. Authorship implies responsibilities and tasks that can only be attributed to and performed by humans, as outlined in Elsevier's AI policy for authors.

Where AI tools are used as part of the research process, this use should be described in detail in the 'Methods' section.

An AI Disclosure statement will appear in the published work for all abstracts. Please note that authors are ultimately responsible and accountable for the contents of the work.

Template statements are provided below.

*Template Statement when generative AI and AI-assisted technologies **were used**:*
During the preparation of this work, the author(s) used [NAME OF TOOL / SERVICE] in order to [REASON]. After using this tool/service, the author(s) reviewed and edited the content as needed and take(s) full responsibility for the content of the published abstract.

*Template Statement when generative AI and AI-assisted technologies **were not used**:*

The author(s) declare that no generative AI or AI-assisted technologies were used in the writing of this abstract.

✓ When all abstract information is added, click the blue ‘Continue’ button to complete the task.

Keywords Task:

Presenting authors must provide at least two keywords associated with the content area of the abstract to assist with programming at NUTRITION 2027.

ASN groups (e.g., Research Interest Sections, Councils) will use topical areas and keywords to program abstracts. These groups have provided suggested keyword lists, though, presenting authors are not limited to these keywords. Click here to view/download the list of suggested keywords.

✓ When all keyword information is added, click the blue 'Continue' button to complete the task.

Authors' Statement and Publication Agreement:

Presenting authors are required to complete the Authors' Statement and Publication Agreement. Please note that submission of an electronic signature is the legal equivalent of a manual signature on this Agreement. Click here to review the agreement.

✓ When the form is completed by checking the box at the bottom of the page and the electronic signature is typed in, click the blue 'Submit Agreement' button to complete the task.

Award Competitions and Abstract Recognition Awards:

During abstract submission, presenting authors can apply for ASN award competitions and abstract recognition awards depending on their academic level. ASN membership is required to be considered for these opportunities. Click here to view/download complete details including eligibility, requirements, and processes.

✓ When the required information is added, click the blue 'Continue' button to complete the task.

Abstract Submission Fee Task:

Presenting authors are required to pay a non-refundable fee for each submitted abstract.

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ASN Member Fee: $95
To qualify for discounted member abstract submission fees, submitters must be active members of ASN at the time of submission.

Non-member Fee: $130
If you are not an active ASN member and are interested in member-only pricing for abstract submission, click here. Joining ASN today will unlock exclusive benefits such as discounted NUTRITION 2027 registration and more! Once your membership application has been submitted, please allow 1-2 business days for approval. After your ASN membership has been activated, return to the NUTRITION 2027 Abstract Submission website to complete your abstract submission. ASN will not reimburse the difference between the member and non-member submission fees to any individual who submits an abstract prior to becoming a member.

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✓ When the payment information is completed, click the blue 'Submit Payment' button to complete the task. A confirmation email for the payment will be sent to the e-mail address included in the abstract submission fee task.

Abstract Submission Completion:

✓ When all tasks have been completed, on the Task List page, click the blue 'Next' button and then the blue 'Submit' button to officially submit the abstract. A confirmation email for the abstract's submission will be sent to the presenting author.

Clinical Case Study Instructions:

For abstracts submitted as a Case Study within the Clinical Case Study topical area, a clinical vignette or case report is a means of disseminating new knowledge gained from clinical practice. It can address an unusual condition; a complication of a known disease; an unusual side effect or adverse response to a mode of treatment; or a new approach to a condition. Maintaining patient anonymity is essential. Case reports should follow a similar format and length of scientific abstracts.

Authors should submit case study and vignette information in the specified abstract section listed below during abstract submission:

Case study and vignette information to be submitted:	*Abstract Submission website abstract section where it should be submitted:*
Introduction	**Objectives**
Case Description	**Methods**
Discussion	**Results**
Conclusions (key learning points and implications for clinical practice)	**Conclusions**

American Society for Nutrition
Excellence in Nutrition Research and Practice

NUTRITION 2027

Abstract Submission Checklist
Submission Deadline: **Monday, March 8, 11:59 PM ET**
Questions? Contact education@nutrition.org

Important: *Abstracts without results will be rejected. Statements such as "results will be presented at NUTRITION 2027" are not sufficient.*
Exception: *Protocol abstracts do not require results and should be submitted to the Protocols topical area. Protocols must be noted in the abstract title.*

This checklist is intended to serve as a practical guide to help authors prepare clear and complete abstracts; not all items apply to all submissions. Consult the Abstract Submission Guidelines and Instructions for more information. Click here to submit!

Abstract Title
- ☐ Title Case used (e.g., Capitalize major words such as nouns, verbs, adjectives, adverbs, and pronouns)
- ☐ ≤ 150 characters (excluding spaces)
- ☐ Clear and short; study design can be included, though, optional

Abstract Length & Structure
- ≤ 2,300 characters (excluding spaces) to cover all required sections. The abstract title will not be counted towards this character limit.
  - Objectives
  - Methods
  - Results (*Results are required for all submissions except protocol abstracts.)*
  - Conclusions
  - Funding Sources
  - AI Disclosure

Objectives
- ☐ Clearly states the specific objective(s) or hypothesis
- ☐ Background text not required; brief introductory text may be included to frame the objective

Methods
- ☐ Study design clearly identified (e.g., randomized controlled trial, prospective cohort, cross-sectional, animal, in vitro, systematic review, meta-analysis)
- ☐ Eligibility criteria and the sources and methods used to select the study sample (cells, animals, humans, or primary research articles) described
- ☐ Primary outcome(s) defined
- ☐ Dietary interventions or nutritional assessment methods described (if applicable)
- ☐ Data analysis or synthesis methods described (descriptive and/or statistical)
- ☐ Where AI tools are used as part of the research process, this use should be described in detail

Results
- ☐ Initial and analytical sample sizes reported
- ☐ Key sample characteristics described
- ☐ If applicable, effect sizes or estimates of association must be reported with measures of variability or uncertainty included (e.g., confidence intervals)

Conclusions
- ☐ Must be supported by the reported results
- ☐ Must address the stated objective(s)
- ☐ Summarizes and translates results in 1–2 sentences
- ☐ Causal language used only when justified by study design
- ☐ No overgeneralized or unsupported claims

Funding Sources
- ☐ All funding sources disclosed (Grant numbers should not be included in the abstract as this could impact the efficacy of a blinded abstract review process)
- ☐ If none, state: "No external funding"

AI Disclosure
- ☐ Disclose the use of generative AI and AI-assisted technologies or confirm such tools were not used
  This does not apply to the use of basic tools for checking grammar, spelling, etc.

Final Quality Check
- ☐ Ensure that relevant text is in the correct heading (i.e., don't describe methods in the results section)
- ☐ No images, tables, or graphs included
- ☐ Written in English and proofread for clarity and grammar
- ☐ Abbreviations defined at first use
- ☐ Special characters display correctly (e.g., α, β)
- ☐ No author names or affiliations included in abstract body to ensure double-blinded review process
- ☐ Abstract includes results (exceptions apply only to protocol abstracts)
- ☐ Submitted by the presenting author; presenting author commits to present if the abstract is accepted

Additional Recommendations
- ☐ Use people-first language (e.g., "people with diabetes" instead of "diabetics")
- ☐ Ask a peer or mentor to review your abstract before submission
- ☐ Do not report results using P-values alone
- ☐ If no statistical analysis, results must be clearly presented in a narrative or descriptive synthesis

Top Reasons Abstracts Are Rejected

Inappropriate Text in Required Sections
Abstracts must include appropriate text relevant to each abstract section. For example, don't describe methods in the results section.

Methods Too Vague to Evaluate
Abstracts that do not clearly describe study design, outcomes, sample, or analytic approach cannot be adequately reviewed for scientific merit.

Missing or Insufficient Results
Abstracts must report results. Statements such as "results will be presented" are not acceptable. Protocol abstracts are the only exception and must be clearly identified in the title and submitted to the Protocols topical area.

Conclusions Not Supported by the Results
Overstated, causal, or policy-oriented conclusions that are not justified by the study design or presented findings.

Additional Resources for Further Guidance on Research Reporting Methods

- NUTRITION 2027 Abstract Submission Guidelines and Instructions
- ***For Population Science:*** STROBE checklist for conference abstracts
- ***For Human Trials:*** EQUATOR abstract checklist for journal articles
- ***For Animal Models:*** American Society for Nutrition Journal modifications to the Modified ARRIVE Guidelines 2.0 Checklist
- ***For Systematic Reviews:*** PRISMA abstract checklist for journal articles
- ***For Scoping Reviews:*** PRISMA Extension for Scoping Reviews

