



American Society for Nutrition
NUTRITION 2026
Live In-Person Attendance – July 25-28, 2026

Purpose

The American Society for Nutrition leads efforts to provide science-based nutrition information that is essential to advancing knowledge and improving health around the world. Its Nutrition Education Program is designed to keep nutrition professionals up to date on the latest science and trends and embraces new technologies to broaden knowledge in innovative ways. It provides high caliber, engaging education to support continuing education for nutrition professionals and healthcare providers through webinars, meetings, symposia, workshops, and online learning.

NUTRITION 2026 brings together top nutrition scientific researchers, practitioners, global and public health professionals, policy makers and advocacy leaders, industry, media, and other related professionals to examine the latest advances in nutrition science and discuss clinical applications.

The meeting is organized around critical topics including:

- Cellular and Physiological Nutrition/Metabolism
- Climate and/or Food Systems
- Clinical and Translational Nutrition
- Global and Public Health Nutrition
- Population Science
- Career/Professional Development

Needs Assessment

NUTRITION 2026 advances clinical practice through state-of-the-art education focused on the many aspects of nutrition science including basis science, clinical research, and public health interventions.

ASN uses a planning process that links identified professional practice gaps and education needs with desired results in its provision of education activities. It identifies professional practice gaps and education needs through a variety of evidence-based sources, as well as activity evaluation summaries and member surveys.

NUTRITION 2026, along with all ASN education activities, seeks to reach healthcare professionals with the knowledge and competence they need in nutrition science and practice.

Research has indicated that nutrition is minimally addressed in medical schools and residencies. Physicians are trained to treat diseases with less emphasis on preventative medicine including the importance of nutrition and other lifestyle factors. Most physicians recognize this deficiency and seek out ways to improve their knowledge, competence, and practice in this area.

Keywords

Aging and Chronic Disease
Applications of Novel in vitro Methods in Nutrition
Artificial Intelligence and Machine Learning in Nutrition
Carotenoids and Retinoids
Climate, Food Systems, Diet, Nutrition and Health
Clinical Nutrition
Diet and Cancer
Dietary Bioactive Components
Dietary Patterns
Eating Frequency and Chrononutrition
Education and Teaching
Energy and Macronutrient Metabolism
Experimental Animal Nutrition
Food as Medicine
Food Choice, Markets and Policy
Food Science and Nutrition
Global Nutrition
Maternal, Perinatal and Pediatric Nutrition
Methods
Neuroscience/Nutrition and the Brain
Nutrition Education and Behavioral Science
Nutrition Translation and Communication
Nutritional Epidemiology
Nutritional Immunology and Inflammation/Immunometabolism
Nutritional Microbiology/Microbiome/ Microbiome Nutrition
Obesity
One Health
Policies and Regulations
Precision Nutrition/Nutrient-Gene Interactions
Protein Intake and Health
Sports Performance Nutrition
Vitamins and Minerals

Target Audience

Researchers
Physicians
Dietitians
Physician Assistants and Nurse Practitioners
Academic Faculty
Health Educators
Behavioral Specialists

Nurses
Pharmacists
Undergraduate/Graduate Students/Postdoctoral Fellows
Medical Students and Residents
Wellness Professionals

Overall Outcome Objectives

- Critically appraise current research and emerging advances in nutrition, obesity, metabolism, and related conditions in both basic and clinical science.
- Apply recent scientific findings to enhance clinical nutrition practice and inform public health strategies.
- Recognize the importance of developing targeted nutrition interventions that address health needs across the lifespan.
- Leverage innovative technologies to advance knowledge in nutrition research and practice.
- Identify and address gaps in clinical and public health nutrition that impact health outcomes.

Competencies

The Desirable Physician Attributes addressed in this activity are:

- Systems-Based Practice
- Medical Knowledge
- Interpersonal and Communication Skills
- Professionalism

Media Used

NUTRITION 2026 is a live education activity composed of lectures, scientific sessions, abstract presentations, interactive discussions, and networking.

Method of Participation in the Learning Process

Learners will attend NUTRITION 2026 which will be held at the Gaylord National Resort and Convention Center in National Harbor, Maryland from July 25-28, 2026.

Registration for NUTRITION 2026 is required to attend sessions offering continuing education credit. Credit can be claimed for in-person attendance only.

At the conclusion of the learning activity, learners complete an evaluation survey.

Accreditation Statement

The American Society for Nutrition is accredited by the ACCME to provide continuing medical education for physicians.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the American Society for Nutrition (ASN).

All education content presented in this activity has been reviewed and validated as appropriate in keeping with sound scientific principles.

Credit Designation

Physicians

The ASN designates this live activity for a maximum of 15.0 *AMA PRA Category 1 Credits™*.

Learners can claim credit for live in-person attendance only. Credit will be awarded on a per session basis, upon successful completion of the session evaluation. Physicians should claim credit commensurate with the extent of their participation in the activity.

Please note that the number of sessions offering *AMA PRA Category 1 Credit™* is subject to change.

The certificate you receive upon completion of this education activity will list the amount of continuing medical education credit you were **awarded**. Please use this documentation for your CME licensing or certification needs.

The following NUTRITION 2026 sessions will offer CME credit for physicians. Please note learners can only claim credit for one session if more than one session offering continuing education credit occurs at the same time. [Click here](#) for more details about each session.

The deadline to claim credit is September 30, 2026.

Saturday, July 25 4.5 maximum CME credits available	<i>10:00 AM to 11:30 AM</i> Early Environmental Exposures and Later Risk of Childhood Obesity and Metabolic Outcomes: Findings From the ECHO Program <i>2:15 PM to 3:45 PM</i> Plenary Session – Dietary Guidance at a Crossroads: Science, Practice, and Innovation <i>4:30 PM to 6:00 PM</i> Engaging the Public To Build Trust in Science: Strategies for Nutrition Professionals To Understand and Respond to Misinformation How Should Medical Students and Other Trainees Learn the Science of Nutrition? – 2026 Robert Suskind and Leslie Lewinter-Suskind Pediatric Nutrition Lifetime Achievement Award Lecture and Student Awards
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Sunday, July 26 4 maximum CME credits available	<i>8:30 AM to 9:30 AM</i> Advances in the Assessment of Malnutrition and Undernutrition Food is Medicine: Hype or Hope? - The Journal of Nutrition's 2026 Mal Nesheim Nutrition Landscape Award Lecture <i>10:30 AM to 12:00 PM</i> Protein: Bridging Requirements and Food-Based Guidance <i>2:30 PM to 4:00 PM</i> Dismantling Silos in Child Nutrition: Examining the Evidence and Leveraging Social Protection Platforms GLP-1 Therapies Across the Lifespan: Special Populations and Clinical Implications
Monday, July 27 4 maximum CME credits available	<i>10:30 AM to 12:00 PM</i> Presidential Symposium – One Health in a Global Context: Food Systems, Nutrition, and Human Health Ultra-Processed Foods and Chronic Disease: Current Research and Future Priorities <i>2:30 PM to 4:00 PM</i> Adipose Neighborhoods: Depot-Dependent Biology and Metabolic Health – The 2026 George Bray Outstanding Scientific Achievements Award in Obesity Research Lecture and Student Awards <i>4:30 PM to 5:30 PM</i> 2026 Jean-Pierre Habicht Lifetime Achievements in Global Nutrition Award Lecture and Global Nutrition Council Forum
Tuesday, July 28 2.5 maximum CME credits available	<i>8:30 AM to 9:30 AM</i> Transforming Nutrition Education Across the Medical Training Continuum <i>10:00 AM to 11:30 AM</i> Infant Formula Regulation and Nutritional Composition: Operation Stork Speed and Beyond

Registered Dietitians and Non-physician Healthcare Professionals

CDR Credentialed Practitioners can document live activities that have not received prior approval if they meet CDR Core Content Criteria and CDR CPE Activity Type Definitions. One (1) hour of live training is equal to one (1) CPEU. It is up to the learner to determine if the live activity meets the requirements outlined in the CDR Core Content Criteria and CDR CPE Activity Type Definitions. If you have any questions/concerns, please contact pdp@eatright.org.

ASN does not offer CME credit to non-physicians. However, all non-physician healthcare professionals at NUTRITION 2026 will be able to complete an evaluation and download a Certificate of Participation. This certificate designates your participation in this education activity. It lists the amount of continuing medical education credit that has been designated for physicians by ASN. Please see above for the list of sessions which will offer CME credit for physicians. You should be able to use this documentation for your licensing or certification needs. To determine if activities designated for *AMA PRA Category 1 Credit™* are acceptable for your licensing or certification needs, please contact your credentialing body directly. Please note ASN cannot guarantee its acceptance. Please see above for the list of sessions which will offer CME credit for physicians.

Please note that the number of sessions offering *AMA PRA Category 1 Credit™* is subject to change.

A Certificate of Participation can be claimed for in-person attendance only.

The deadline to claim a Certificate of Participation is September 30, 2026.

Instructions for Claiming Credit

Learners must complete the activity evaluations to receive continuing education credit.

Credit will be claimed on DiscoverNUTRITION, ASN's online learning platform. Learners must have an account on the DiscoverNUTRITION website to proceed.

Credit must be claimed and certificates must be downloaded by September 30, 2026.

Step 1: Create a DiscoverNUTRITION account

- If you are a member of ASN:
 - Click 'ASN Discover Nutrition login' at the top right corner of the screen at <https://discover.nutrition.org/>
 - Click the 'ASN Discover Nutrition login' button.
 - Enter your ASN member login credentials.
 - Click the 'LOG IN' button.
 - You will be returned to the learning portal website to complete your profile information for the DiscoverNUTRITION website.
- If you are not a member of ASN:
 - Click 'Register' at the top right corner of the screen at <https://discover.nutrition.org/>
 - Click 'Create new visitor account' in the Visitor Login section.
 - Complete the online form.
 - Click the 'Create new visitor account' button at the bottom of the page.

Step 2: Once logged into the DiscoverNUTRITION website, enroll in the appropriate course relevant to your qualifications. See below for direct links to the courses available for each specific learner group.

- Physicians:
<https://discover.nutrition.org/content/nutrition-2026-cme-credit-physicians>
- Registered Dietitians and Non-physician Healthcare Professionals:
<https://discover.nutrition.org/content/nutrition-2026-certificate-participation>

Step 3: Click the Register tab for the course and enter the following code to gain access to it:
ASN26

Step 4: In the course, follow all instructions to (1) complete the evaluations for sessions attended, and (2) the overall continuing education evaluation. The final step of downloading a certificate for the NUTRITION 2026 sessions evaluated by the learner will become available on Tuesday, July 28 at 11:30 AM ET.

- Feedback on each session attended must be provided. Credit will not automatically be awarded.
- Follow all instructions for completing the required information.
- Please note session evaluations for each day will not be available until the day the session is scheduled to take place.

Official ASN Disclosure Policies

It is the policy of the American Society of Nutrition, in compliance with the Standards for Integrity and Independence in Accredited Continuing Education to ensure that education presents learners with only accurate, balanced, and scientifically justified recommendations and protects learners from promotion, marketing, and commercial bias. ASN requires disclosure of all financial interest that the planning committee (including ASN staff) or faculty members have with ineligible companies. All faculty and contributors to this continuing education activity have disclosed any relevant financial relationship that may have direct bearing on the subject matter of this program. Specific disclosure information is in the course materials.

The American Society for Nutrition supports fair and unbiased participation of individuals in its education activities. Any real or potential conflicts of interest must be identified and managed. All relevant financial relationships with commercial interests that directly impact and/or might conflict with ASN activities must be disclosed, or disclosure that no relevant financial relationships exist must be documented. Other relationships that could cause private interests to conflict with professional interests must also be disclosed. This policy is intended to openly identify any potential conflict so that participants in an education activity are able to form their own judgments about the presentation. In addition, disclosure must be made of presentations on drugs or devices or uses of drugs or devices that have not been approved by the Food and Drug Administration.

As part ASN's commitment to meeting the Accreditation Council for Continuing Medical Education (ACCME) Standards for Integrity and Independence in Accredited Continuing Education and

Guidance on the Responsible Use of Artificial Intelligence (AI) in Accredited Continuing Education (CE), use of AI by faculty and planners of this educational activity is also disclosed to learners.

Disclosures

Disclosures for planners, faculty and staff for all sessions for which CME credit for physicians is available are listed below.

Faculty and Planners

Steven Abrams, MD

Professor of Pediatrics, Dell Medical School at the University of Texas at Austin

No relevant financial relationship(s) with ineligible companies to disclose.

Nancy Aburto, PhD MS

Deputy Director, Food and Agriculture Organization of the United Nations (FAO)

No relevant financial relationship(s) with ineligible companies to disclose.

Monica Agarwal, MD, MEHP, PNS, FACE

Professor of Medicine and the Director, UAB Obesity Medicine Fellowship Program, University of Alabama at Birmingham

No relevant financial relationship(s) with ineligible companies to disclose.

Tahmeed Ahmed, MBBS, PhD

Executive Director, International Centre for Diarrhoeal Disease Research

No relevant financial relationship(s) with ineligible companies to disclose.

Aline Andres, PhD, RD

Professor, University of Arkansas for Medical Sciences

No relevant financial relationship(s) with ineligible companies to disclose.

Disclosure(s) of AI Use:

- ChatGPT
- Creating images or graphics (including presentation slides)
- July 2026

Stephanie Atkinson, PhD

Professor Emerita, McMaster University

No relevant financial relationship(s) with ineligible companies to disclose.

Sylvia Badon, PhD

Research Scientist, Kaiser Permanente Northern California

No relevant financial relationship(s) with ineligible companies to disclose.

Traci Bekelman, PhD, MPH

Assistant Professor, Colorado School of Public Health

No relevant financial relationship(s) with ineligible companies to disclose.

Claire Berryman, PhD, RD

Associate Professor, Pennington Biomedical Research Center

Disclosure(s):

- Eli Lilly: Stock Shareholder (excluding mutual funds) (Ongoing)
- All of the relevant financial relationships listed for this individual have been mitigated.

Mia Blakstad, MSc, PhD

Social Protection Specialist, The World Bank

No relevant financial relationship(s) with ineligible companies to disclose.

Sarah Booth, PhD

Senior Scientist, Jean Mayer USDA Human Nutrition Research Center on Aging, Tufts University

No relevant financial relationship(s) with ineligible companies to disclose.

Sarah Borengasser, PhD, MS

Associate Professor and Vice Chair for Research and Training at the Harold Hamm Diabetes Center, University of Oklahoma Health Sciences

No relevant financial relationship(s) with ineligible companies to disclose.

Andrew Bremer, MD, MAS, PhD

Director, Office of Nutrition Research, National Institutes of Health

No relevant financial relationship(s) with ineligible companies to disclose.

Meg Bruening, PhD, MPH, RD

Professor & Department Head, The Pennsylvania State University

Disclosure(s):

- National Dairy Council: Grant/Research Support (Terminated, December 31, 2025)
- All of the relevant financial relationships listed for this individual have been mitigated.

Disclosure(s) of AI Use:

- Microsoft Copilot
- Creating images or graphics (including presentation slides) (generated a figure by inputting our introduction and outline)
- July 2026

Kaelyn Burns, PhD, MS

Postdoctoral Fellow, Metabolic Epidemiology Branch, Division of Cancer Epidemiology and Genetics National Cancer Institute

No relevant financial relationship(s) with ineligible companies to disclose.

Carol Byrd-Bredbenner, PhD, RD, FAND

Distinguished Professor, Rutgers University

No relevant financial relationship(s) with ineligible companies to disclose.

Disclosure(s) of AI Use:

- ChatGPT and Claude
- Creating images or graphics (including presentation slides)
- July 2026

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PhD Student, The Pennsylvania State University

No relevant financial relationship(s) with ineligible companies to disclose.

Disclosure(s) of AI Use:

- ChatGPT 5.5
- Creating images or graphics (including presentation slides) (elected slide figures were generated or refined)
- July 2026

Catherine Cohen, PhD, RDN

Assistant Professor, University of Colorado Anschutz Medical Campus

No relevant financial relationship(s) with ineligible companies to disclose.

James Collins, PhD

Professor, Human Nutrition, University of Florida

No relevant financial relationship(s) with ineligible companies to disclose.

Sarah Comstock, PhD

Associate Professor, Michigan State University

No relevant financial relationship(s) with ineligible companies to disclose.

Valerie Darcey, PhD, MS, RD, LD

Stadtman Investigator, National Institutes of Health, NIDDK

No relevant financial relationship(s) with ineligible companies to disclose.

Teresa Davis, PhD, DFASN, FASAS

Director, Texas A&M AgriLife Institute for Advancing Health Through Agriculture

No relevant financial relationship(s) with ineligible companies to disclose.

Disclosure(s) of AI Use:

- Microsoft CoPilot GPT-5
- Creating images or graphics (including presentation slides) (M365 Copilot GPT-5 chat model was used to develop a graph and generic pictures. M365 Copilot follows Texas A&M System security and compliance requirements.)
- 7/6/2026, 7/8/2026, and 7/17/2026

Luz De Regil, PhD

Director, World Health Organization

No relevant financial relationship(s) with ineligible companies to disclose.

Jacques Delarue, MD, PhD

President-Elect, International Union of Nutritional Sciences

No relevant financial relationship(s) with ineligible companies to disclose.

Disclosure(s) of AI Use:

- ChatGPT
- Creating images or graphics (including presentation slides)
- July 2026

Kathryn Dewey, PhD

Distinguished Professor Emerita, University of California, Davis

No relevant financial relationship(s) with ineligible companies to disclose.

Christopher Duggan, MD, MPH
Editor in Chief, *The American Journal of Clinical Nutrition*
Boston Children's Hospital

Disclosure(s):

- Bartlett Learning: Royalties or Patent Beneficiary (Ongoing); LWW Wolters Kluwer, Publisher: Royalties or Patent Beneficiary (Ongoing); McGraw Hill: Royalties or Patent Beneficiary (Ongoing)
- All of the relevant financial relationships listed for this individual have been mitigated.

Johanna Dwyer, DSc, RD - Professor, Tufts University School of Medicine

Disclosure(s):

- Editor, Nutrition Today for Wolters Kluwer Inc Publisher: Independent Contractor (including contracted research) (Ongoing); ICFI contractor to NIH: Independent Contractor (including contracted research) (Terminated, January 12, 2026); LWW Wolters Kluwer, Publisher: Independent Contractor (including contracted research) (Ongoing); McCormick Science Institute: Advisory Committee/Board Member (Ongoing); Mushroom Council: Advisory Committee/Board Member (Ongoing); SIFBI Singapore Institute of Food Biotechnology and Innovation: Consultant (Terminated, July 31, 2025)
- All of the relevant financial relationships listed for this individual have been mitigated.

Ismahane Elouafi, PhD

Executive Managing Director, CGIAR (Consultative Group on International Agricultural Research)

No relevant financial relationship(s) with ineligible companies to disclose.

Wafaie Fawzi, MBBS, DrPH

Professor, Harvard T.H. Chan School of Public Health

No relevant financial relationship(s) with ineligible companies to disclose.

Samaneh Farsijani, PhD, RD

Assistant Professor, University of Pittsburgh

No relevant financial relationship(s) with ineligible companies to disclose.

Rafaela Feresin, PhD

Associate Professor, Georgia State University

No relevant financial relationship(s) with ineligible companies to disclose.

Martha Field, PhD

Assistant Professor, Cornell University

No relevant financial relationship(s) with ineligible companies to disclose.

Julia Finkelstein, PhD

Professor of Epidemiology and Nutrition, Cornell University

No relevant financial relationship(s) with ineligible companies to disclose.

Jennifer Fisher, PhD

Professor, Temple University

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Susan Fried, PhD

Visiting Scientist, Rutgers University

No relevant financial relationship(s) with ineligible companies to disclose.

Naomi Fukagawa, MD, PhD

Professor Emerita of Medicine, University of Vermont

No relevant financial relationship(s) with ineligible companies to disclose.

Sarah Gebauer, PhD, FASN

Nutrition Scientist, U.S. Food and Drug Administration

No relevant financial relationship(s) with ineligible companies to disclose.

Yarden Golan Maor, PhD

Assistant Professor, Cornell University

Disclosure(s):

- OnlyOther, Inc: Advisory Committee/Board Member (Ongoing)
- All of the relevant financial relationships listed for this individual have been mitigated.

Disclosure(s) of AI Use:

- ChatGPT
- Editing or improving writing
- July 2026

William Hallman, PhD

Distinguished Professor, Rutgers University

No relevant financial relationship(s) with ineligible companies to disclose.

Disclosure(s) of AI Use:

- ChatGPT
- Editing or improving writing and Other (search engine to find a specific example of precision illusion)
- July 2026

Maurya Hart, MSc, RD

MSc Student, University of Toronto

No relevant financial relationship(s) with ineligible companies to disclose.

Disclosure(s) of AI Use:

- ChatGPT
- Generating code which was used in R Studio to create figures
- January-July 2026

Tamar Haspel

Columnist, The Washington Post

No relevant financial relationship(s) with ineligible companies to disclose.

Aaron Hengist, PhD

Postdoctoral Visiting Fellow, National Institutes of Health

No relevant financial relationship(s) with ineligible companies to disclose.

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No relevant financial relationship(s) with ineligible companies to disclose.

Deanna Hoelscher, PhD, RDN, LD, CNS

Regional Campus Dean, Director, and John P. McGovern Professor of Health Promotion, UTHealth Houston School of Public Health in Austin, Michael & Susan Dell Center for Healthy Living

No relevant financial relationship(s) with ineligible companies to disclose.

Disclosure(s) of AI Use:

- ChatGPT
- Creating images or graphics (including presentation slides)
- July 2026

Lisa Howley, PhD

Senior Director for Transforming Medical Education, Association of American Medical Colleges

No relevant financial relationship(s) with ineligible companies to disclose.

Frank Hu, MD, MPH, PhD

Chair, Department of Nutrition; Fredrick J. Stare Professor of Nutrition and Epidemiology, Harvard T.H. Chan School of Public Health

No relevant financial relationship(s) with ineligible companies to disclose.

Disclosure(s) of AI Use:

- ChatGPT
- Editing or improving writing, creating images or graphics (including presentation slides)
- July 2026

Debbie Humphries, PhD, MPH

Assistant Professor of Clinical Public Health, Yale University

No relevant financial relationship(s) with ineligible companies to disclose.

Gordon Jensen, MD, PhD

Senior Associate Dean for Research Emeritus, University of Vermont Larner College of Medicine

No relevant financial relationship(s) with ineligible companies to disclose.

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Strategic Scientific Advisor, National Institutes of Health, Office of Nutrition Research

No relevant financial relationship(s) with ineligible companies to disclose.

J. Philip Karl, PhD, RD

Nutrition Physiologist, US Army Research Institute of Environmental Medicine (USARIEM)

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Claudine Kavanaugh, PhD, MPH, RD

Director, HFP, Office of Nutrition and Food Labeling, Food and Drug Administration

No relevant financial relationship(s) with ineligible companies to disclose.

Tanya Khara, MSc

Technical Director, Emergency Nutrition Network

No relevant financial relationship(s) with ineligible companies to disclose.

Disclosure(s) of AI Use:

- Microsoft Copilot
- Creating images or graphics (including presentation slides)
- July 2026

Judy Kim, PhD

University of Massachusetts, Amherst

No relevant financial relationship(s) with ineligible companies to disclose.

Kevin Klatt, PhD, RD

Assistant Professor, University of Toronto

Disclosure(s):

- Gates Foundation: Consultant (Ongoing)
- All of the relevant financial relationships listed for this individual have been mitigated.

Disclosure(s) of AI Use:

- Claude Opus 4.8
- Slide aesthetics and text organization including text/points, with final editing and review completed by the speaker
- July 2026

Bramaramba Kowtha, MS, RDN, LDN

Health Scientist, National Institutes of Health Office of Disease Prevention

No relevant financial relationship(s) with ineligible companies to disclose.

Katherine Kwon, PhD, RDN, IBCLC

PhD Student, University of California, Davis

No relevant financial relationship(s) with ineligible companies to disclose.

Matthew Landry, PhD, RDN, FAND

Assistant Professor, University of California, Irvine

No relevant financial relationship(s) with ineligible companies to disclose.

Bruce Lee, MD, MBA

Professor, Health Policy and Management, City University of New York

Disclosure(s):

- Moderna: Advisory Committee/Board Member (Ongoing); Vaxcyte: Advisory Committee/Board Member (Ongoing)
- All of the relevant financial relationships listed for this individual have been mitigated.

Disclosure(s) of AI Use:

- ChatGPT
- Creating images or graphics (including presentation slides) (generated a meme (the difference between an optimistic dog and a pessimistic dog for the speaker's presentation since the presentation was about AI)
- July 2026

Xingen Lei, PhD

Editor-in-Chief, *The Journal of Nutrition*

Cornell University

No relevant financial relationship(s) with ineligible companies to disclose.

Heather Leidy, PhD

Professor, The University of Texas at Austin

Disclosure(s):

- Beef Checkoff: Grant/Research Support (Ongoing)
- General Mills Bell Institute of Health & Nutrition: Advisory Committee/Board Member (Ongoing), Consultant (Ongoing), Speaker/Speaker's Bureau (Ongoing)
- National Cattlemen's Beef Association: Speaker/Speaker's Bureau
- National Pork Board: Advisory Committee/Board Member (Ongoing), Consultant (Ongoing)
- Novo Nordisk: Grant/Research Support (Ongoing)
- Pork Checkoff: Grant/Research Support (Ongoing)
- All of the relevant financial relationships listed for this individual have been mitigated.

Carine Lenders, MD, MS, ScD

Associate Professor of Pediatrics, Boston University School of Medicine

No relevant financial relationship(s) with ineligible companies to disclose.

Disclosure(s) of AI Use:

- ChatGPT
- Editing or improving writing and Other (infographics with presenter input and collaborator review and edits)
- July 2026

Zhaoping Li, MD, PhD

Professor and Director, UCLA Center for Human Nutrition

No relevant financial relationship(s) with ineligible companies to disclose.

Leah Lipsky, PhD, MHS

Staff Scientist, Eunice Kennedy Shriver National Institute of Child Health and Human Development

No relevant financial relationship(s) with ineligible companies to disclose.

Disclosure(s) of AI Use:

- ChatGPT
- Editing or improving writing, creating images or graphics (including presentation slides)
- July 2026

Lindsey Locks, ScD MPH

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Disclosure(s):

- Edesia Nutrition: Grant/Research Support (Ongoing)
- All of the relevant financial relationships listed for this individual have been mitigated.

Disclosure(s) of AI Use:

- ChatGPT
- Editing or improving writing, creating images or graphics (including presentation slides)

- July 2026

Saurabh Mehta, MBBS, ScD

Founding Director and Janet and Gordon Lankton Professor, Cornell Joan Klein Jacobs Center for Precision Nutrition and Health

No relevant financial relationship(s) with ineligible companies to disclose.

Kris Mogensen, MS, RD, LDN, CNSC

Team Leader Dietitian Specialist, Brigham and Women's Hospital

Disclosure(s):

- American Regent: Advisory Board/Committee Member
- All of the relevant financial relationships listed for this individual have been mitigated.

Jaime Moore, MD, MPH

Assistant Professor, University of Colorado School of Medicine

Disclosure(s):

- Medtronic: Consultant (Ongoing)
- All of the relevant financial relationships listed for this individual have been mitigated.

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President, American Society for Nutrition

Texas Tech University & Texas Tech Health Sciences Center

No relevant financial relationship(s) with ineligible companies to disclose.

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No relevant financial relationship(s) with ineligible companies to disclose.

Marian Neuhouser, PhD, RD

Professor, Public Health Sciences Division, Cancer Prevention Program, Fred Hutchinson Cancer Center

No relevant financial relationship(s) with ineligible companies to disclose.

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Senior Nutrition Scientist, National Institutes of Health

No relevant financial relationship(s) with ineligible companies to disclose.

Mona Luisa Niebuhr, MS

Senior Social Protection Specialist, The World Bank

No relevant financial relationship(s) with ineligible companies to disclose.

Disclosure(s) of AI Use:

- Microsoft Copilot
- Creating images or graphics (including presentation slides) (supported infographic and slide creation)
- July 2026

Diana Obanda, PhD

Assistant Professor, University of Maryland
No relevant financial relationship(s) with ineligible companies to disclose.

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Professor and Chair, Florida International University
No relevant financial relationship(s) with ineligible companies to disclose.

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Senior Nutrition Scientist, NIH Office of Nutrition Research
No relevant financial relationship(s) with ineligible companies to disclose.

Hollie Raynor, PhD, RD, LDN
Executive Associate Dean of Research and Operations, University of Tennessee, Knoxville
No relevant financial relationship(s) with ineligible companies to disclose.
Disclosure(s) of AI Use:

- ChatGPT
- Creating images or graphics (including presentation slides)
- July 11-12, 2026

Drew Sayer, PhD
Assistant Professor, University of Alabama at Birmingham
No relevant financial relationship(s) with ineligible companies to disclose.

Raz Shaikh, PhD, FASN
Professor and Chair, University of North Carolina at Chapel Hill
Disclosure(s):

- Metagenics Inc.: Grant/Research Support (Ongoing); Wiley Companies: Grant/Research Support (Ongoing)
- All of the relevant financial relationships listed for this individual have been mitigated.

Kris Sollid, RD - Senior Director, Research & Consumer Insights, International Food Information Council

No relevant financial relationship(s) with ineligible companies to disclose.

Disclosure(s) of AI Use:

- ChatGPT
- Editing or improving writing
- July 2026

Diane Stadler, PhD, RDN, LD
Professor of Medicine and the Director of the Graduate Programs in Human Nutrition, Oregon Health & Science University
No relevant financial relationship(s) with ineligible companies to disclose.

Alison Steiber, PhD, RDN
Chief Mission, Impact and Strategy Officer, Academy of Nutrition and Dietetics
Disclosure(s):

- Administration for Community Living: Grant/Research Support (Ongoing)
- Nephroceuticals, Inc.: Stock/Shareholder
- All of the relevant financial relationships listed for this individual have been mitigated.

Judith Storch, PhD

Distinguished Professor, Nutritional Sciences, Rutgers University

No relevant financial relationship(s) with ineligible companies to disclose.

Robert Suskind, MD

Dean Emeritus, California University of Science and Medicine

No relevant financial relationship(s) with ineligible companies to disclose.

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Disclosure(s) of AI Use:

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- Creating images or graphics (including presentation slides) and Other (completing literature searches/historical informational searches)
- July 2026

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- National Cattlemen’s Beef Association: Grant/Research Support (Ongoing)
- National Pork Board: Grant/Research Support (Ongoing)
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- ChatGPT and Microsoft CoPilot
- Drafting text and editing/improving writing
- April-July 2026

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Disclosures (AI Use):

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- Drafting text, editing and improving writing, and analyzing data
- June-July 2026

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