



1 Why this matters



- Nutrition education is often limited, fragmented, or poorly connected to clinical practice.
- Champions can help make nutrition visible, practical, and sustainable across medical training.
- The goal is not to add one isolated course — it is to strengthen required and optional nutrition learning across the curriculum.

2 Three complementary lenses



AAMC Curriculum Mapping *Make nutrition visible*

- Why now?
- Are new objectives needed?
- Where is nutrition taught?
- Required or optional?
- Mapped, labeled, assessed, or hidden?
- Identify gaps, duplication, and opportunities.



Kern's Six-Step Design *Build or improve the learning activity*

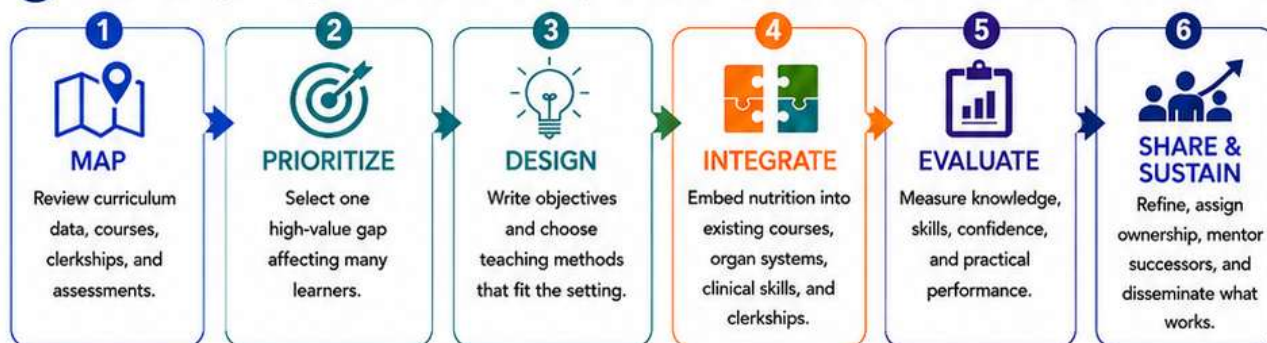
- What is the problem, what is the need?
- Did you conduct a needs assessment?
- What are the goals and objectives?
- What are the educational strategies?
- What is the implementation approach?
- How will you evaluate and obtain feedback?



Practical Integration *Make it happen locally*

- Do you have senior sponsorship?
- Do you have physician & RDN leadership?
- Do you have student partners?
- Do you have protected time, staff support, and resources?
- What is your pilot — adapt — scale plan?
- What is your sustainability plan?

3 Preferred pathway for Nutrition Champions (practical pathways may have different entry points and sequences)



4 What supports success?



5 Transferable lessons



Useful outputs for a school or learning hub

