



## Call for Abstracts - Abstract Submission: Guidelines and Instructions

The American Society for Nutrition (ASN) welcomes the submission of research in the form of abstracts for presentation at [NUTRITION 2026](#) which will be held July 25-28, 2026. All abstract presentations will be given in-person only at NUTRITION 2026.

Abstracts can include:

<b>Research</b>	New research and/or secondary analysis of data
<b>Methods</b>	Newly established or characterized methods, or evaluations of existing methods
<b>Protocols</b>	Descriptions of proposed studies, or recruitment and process results of newly started studies
<b>Case study</b>	A clinical vignette or case report is a means of disseminating new knowledge gained from clinical practice

NUTRITION 2026 will feature a **President’s Oral Session: Abstracts of Distinction** spotlighting innovative, impactful research that is advancing the field of nutrition research and practice. All abstracts submitted to NUTRITION 2026 will be considered for this prestigious session.

[Click here](#) to submit. For complete abstract submission guidelines and instructions, please see below.

**Questions?** Please contact [education@nutrition.org](mailto:education@nutrition.org).

### Key Dates:

- Abstract submission opens: November 3, 2025
- Abstract submission closes: March 9, 2026, 11:59 PM ET
- Abstract acceptance notifications sent: April 6, 2026
- Abstract programming assignments sent: April 27, 2026

### LATE BREAKING/RAPID SCIENCE SUBMISSIONS & ENCORE ABSTRACTS

Separate from abstracts, ASN will welcome **Late Breaking/Rapid Science Submissions** and **Encore Abstracts** beginning on April 6, 2026. **Please note eligibility and criteria for these submissions categories are different than the NUTRITION 2026 Call for Abstracts.**

For more information or questions, please contact [education@nutrition.org](mailto:education@nutrition.org).

## Abstract Submission Guidelines:

**Requirements:** NUTRITION 2026 abstract submissions must include unpublished research and be submitted through the [NUTRITION 2026 Abstract Submission website](#). Multiple abstracts can be submitted by the same presenting author but must address different research. All abstracts must be submitted in English with accurate grammar and spelling suitable for publication. Authors are expected to comply with the [Scientific Integrity Policy for Submission of Abstracts](#). All abstract presentations will be given in-person only at NUTRITION 2026.

**Authors:** Abstracts must be submitted by the presenting author who is expected to present the abstract at NUTRITION 2026. Co-authors can be included on the abstract.

**Abstract Submission Fee:** Presenting authors are required to pay a non-refundable fee for each submitted abstract.

ASN members receive exclusive discounts on NUTRITION 2026 abstract submission, registration, plus other member benefits! If you are unsure about your ASN member status, please email [mem@nutrition.org](mailto:mem@nutrition.org). Please note ASN membership is required to (1) receive member-only rates for abstract submission and meeting registration, and/or (2) be eligible for abstract-based award competitions and recognition awards.

### **ASN Member Fee: \$95**

To qualify for discounted member abstract submission fees, submitters must be active members of ASN at the time of submission.

### **Non-member Fee: \$120**

If you are not an active ASN member and are interested in member-only pricing for abstract submission, [click here](#). Joining ASN today will also unlock many other exclusive benefits, such as discounted NUTRITION 2026 registration and more! Once your membership application has been submitted, please allow 1-2 business days for approval. After your ASN membership has been activated, return to the [NUTRITION 2026 Abstract Submission website](#) to complete your abstract submission. ASN will not reimburse the difference between the member and non-member submission fees to any individual who submits an abstract prior to becoming a member.

A credit card (American Express, Discover, MasterCard or Visa) will be required for payment. No refunds will be provided if the abstract is withdrawn or not accepted. The abstract submission fee is separate from the meeting registration fee.

To offset the NUTRITION 2026 abstract submission fee for individuals who have been financially impacted such that they are otherwise unable to submit, or the full submission fee would present a hardship, ASN has established an Abstract Submission Fee Waiver program. ASN members and non-members are eligible to apply. Applications are subject to approval and approved waivers are limited to available funding. For consideration, please complete and [submit an application](#) by February 25, 2026. Waiver recipients will be contacted no later than March 4, 2026.

**Abstract-based Award Competitions and Award Recognition Awards:** Based on academic level and ASN membership status, presenting authors may apply for award competitions and abstract recognition awards during abstract submission. For more information, [click here](#). Notifications will be sent to selected individuals in April 2026.

**Revisions:** Revisions can be made through the [NUTRITION 2026 Abstract Submission website](#) through March 9, 2026. Please proofread abstract submissions carefully because edits will not be made by ASN staff. Abstracts will be published verbatim using the text and author information provided during abstract submission.

To facilitate publication of meeting abstracts in *Current Developments in Nutrition* in time for NUTRITION 2026, only essential changes can be made after abstract submission. Essential changes received by April 20, 2026 may be incorporated into the meeting app and *CDN* supplement. Essential changes that cannot be accommodated before NUTRITION 2026 will be published as an erratum or a corrigendum to the *Current Developments in Nutrition* supplement.

**Abstract Review:** All abstracts will be peer-reviewed through a double-blind review process for quality assurance. Reviewers will consider the following when rating abstracts: abstract components (objective, methods, results and conclusions), significance and writing quality. Results should include at least preliminary data. To say, “the results will be discussed a NUTRITION 2026,” is insufficient.

**Abstracts without results will be rejected.** Exceptions will only be made for study protocol abstracts, which must be denoted as a study protocol in the abstract title and submitted to the Protocols abstract topical area.

**Acceptance and Programming Notification:** Presenting authors will be notified by email regarding abstract acceptance on April 6, 2026 and abstract programming details (abstract presentation number, presentation type/date/time/location) on April 27, 2026. Please make sure your e-mail settings will allow emails from [mcrispino@nutrition.org](mailto:mcrispino@nutrition.org), [education@nutrition.org](mailto:education@nutrition.org) and [support@GoCadmium.com](mailto:support@GoCadmium.com) to ensure important program information gets through your SPAM filters.

**Publication:** Accepted abstracts will be published in *Current Developments in Nutrition*, one of ASN’s gold open access journals. Abstracts will be published verbatim using the text and information provided during abstract submission. Abstract authors will be listed in the same order as they are included in the abstract submission.

While accepted abstracts will be published in *Current Developments in Nutrition*, accepted abstracts will not be indexed in PubMed or PubMed Central.

Authors are free to develop their work into full article submissions without any permission or approval by the *Current Developments in Nutrition* editors. All authors are encouraged to submit their full articles to one of ASN’s journals: *The Journal of Nutrition*, *The American Journal of Clinical Nutrition*, *Advances in Nutrition* or *Current Developments in Nutrition*. When submitting your work to an ASN or other journal, publication of the meeting abstract should be mentioned in the cover letter to the submitting journal. When submitting outside the ASN family of journals, authors are encouraged to read the journal’s Instructions for Authors or contact the editorial office for further guidelines on disclosing abstract publication.

Full abstract citation information will be available once the abstracts are published in *Current Developments in Nutrition*.

**Embargo Policy:** Accepted abstracts are embargoed until the beginning of the first session in which they are presented, unless otherwise specified. An embargo means that information and data pertaining to the abstract may not be announced, publicized or distributed before the embargo date and time. Promotion of general topics, speakers or presentation times is allowed and encouraged as long as specific findings are not included in the announcement.

**Meeting Participation:** Submission of an abstract constitutes a commitment by the presenting author to present it if accepted. All abstract presentations will be given in-person only at NUTRITION 2026. Failure to present, if not justified, will jeopardize future acceptance of abstracts for ASN conferences.

**Registration Fee/Travel Costs:** Presenting authors associated with an abstract must register as a full-conference attendee or for a one-day registration for the meeting for the day of their assigned presentation. **The registration fee and travel costs are separate from the abstract submission fee.** Authors are responsible for all travel expenses (airfare, food, hotel, etc.) associated with presenting at the meeting.

The NUTRITION 2026 Registration and Housing website will open in December 2025. Bookmark the [NUTRITION 2026 website](#) to check for updates.

## Abstract Submission Instructions:

### IMPORTANT NOTES:

During submission, presenting authors will be asked to:

1. Select a **Primary Track** that best correlates with their work. We recognize that often research crosses several tracks, and that is okay. We will use this information to assess the overall distribution of program content and to assist with the recruitment of abstract reviewers.
2. Identify a **Primary Topical Area** related to the subject of your research. Again, we recognize that abstracts could cross multiple areas, and that is okay.
3. Identify two **Keywords** to assist with abstract programming. Suggested keywords have been provided by volunteer leaders from ASN member groups including Research Interest Sections (RIS) and Councils. You may choose any keywords from the list provided or you may choose to insert your own.

Supporting images, tables and graphs will **not** be accepted with abstracts.

Please note ASN strongly recommends the use of “people-first language”. This includes describing individuals as people with a medical condition rather than as diseases or disabilities. Terms such as “adults with obesity” and “children with diabetes” are preferred over “obese adults” and “diabetic children”. For more information consult “[Use of people-first language with regard to obesity](#)” *Am J Clin Nutr* 2018;108:201 or “[The Effect of Words on Health and Diabetes](#)” *Diabetes Spectrum* 2017;30:1116.

Accepted abstracts will be published in *Current Developments in Nutrition*, one of ASN’s gold open access journals. Accepted abstracts will not be indexed in PubMed or PubMed Central.

#### **Disclosure regarding use of generative AI and AI-assisted technologies:**

Authors must disclose the use of generative AI and AI-assisted technologies in the writing process by adding a statement to the AI Disclosures section at the end of the abstract body. This declaration does not apply to the use of basic tools for checking grammar, spelling, references, etc. If there is nothing to disclose, there is no need to add a statement. Please see pages 10 -11 for more information.

Questions? Please contact [education@nutrition.org](mailto:education@nutrition.org).

**Abstract Submission Website:** NUTRITION 2026 abstracts must be submitted through the [NUTRITION 2026 Abstract Submission website](#). All presenting authors must create a new user account to submit an abstract. To do so, click the ‘Create Account’ button at the bottom of the [NUTRITION 2026 Abstract Submission website](#) login page.

**Technical Support:** Technical Support can be reached 9:00 AM to 9:00 PM EST, Monday to Friday, by toll-free phone at 877-426-6323 or by e-mail at [support@GoCadmium.com](mailto:support@GoCadmium.com).

*The following information will be required during the abstract submission process. Presenting authors will be required to complete a series of tasks which are described below.*

## ABSTRACT INFORMATION:

Once logged into the [NUTRITION 2026 Abstract Submission website](#) presenting authors should click the green 'Click here to begin a new abstract' link to begin.

**Abstract Title:** The abstract title should be entered in Title Case and be short and specific. The abstract title has a character limit of 150 characters not including spaces.

**Preferred Presentation Type:** Presenting authors can indicate their interest in a preferred presentation type for the abstract. These include:

- **Poster (Poster Session):** NUTRITION 2026 will feature Poster Sessions on July 25 to July 27, 2026. Poster presentations offer attendees the ideal opportunity to present their own research and learn more about their peers' science.
- **Oral (Oral Session or Poster Theater Flash Session):** At NUTRITION 2026, Oral Sessions and Poster Theater Flash Sessions will highlight outstanding abstracts in a topical area. Presenting authors can opt to have their abstract considered for oral presentations, however, selection is not guaranteed. If an accepted abstract is not selected for oral presentation, it will be programmed as a poster presentation.
- **Indifferent**

**Presenting Author Academic Level:** The academic level of the presenting author must be indicated during abstract submission. Academic levels include:

- Investigator (more than 10 years past receiving a doctoral or terminal degree)
- Early Career II Investigator (within 6-10 years of receiving a doctoral or terminal degree)
- Early Career I Investigator (within 5 years of receiving a doctoral or terminal degree)
- Postdoctoral Fellow
- Medical Trainee (intern/resident/fellow)
- Graduate Student
- Medical Student
- Undergraduate Student
- High School Student
- None of the above

✓ When the above information is provided, click the blue 'Submit' button to create the abstract. Once an abstract is created, a Task List page will be displayed.

## PRESENTING AUTHOR TASK:

**Presenting Author:** The presenting author's contact information and ASN membership status must be provided when a user profile is created on the [NUTRITION 2026 Abstract Submission website](#). Once logged in and a new abstract submission is started, the presenting author's information will automatically be included in the Presenting Author Task. Follow the directions provided to complete the presenting author information.

The following information must be confirmed for the presenting author:

- First Name
- Last Name
- Contact Details
  - Email Address
  - Phone
  - Mailing address
- Professional Information
  - Institution
  - Credentials (degree)

If a middle initial is provided for the presenting author, it will be included when the abstract is published in *Current Developments in Nutrition*.

Additional fields are included but are optional to be provided.

Accepted abstracts will be published in *Current Developments in Nutrition*, one of ASN's gold open access journals. When published, abstract authors will be listed with the presenting author first, followed by the co-authors in the order they are listed and based on the information provided in the Co-Authors(s) Task.

- ✓ When the presenting author information is completed, click the blue 'Save Presenting Author' button to complete the task.

## CO-AUTHOR(S) TASK:

**Co-Author(s):** The abstract submission should identify all co-authors who have substantially contributed to the concept, data collection and analysis, or preparation of the abstract and therefore may have intellectual property claims to the content.

The following information must be added for all co-authors to be included on the abstract:

- First Name
- Last Name
- Email Address
- Institution
- Country

If a middle initial is provided for a co-author, it will be included when the abstract is published in *Current Developments in Nutrition*.

Additional fields are included but are optional to be provided.

Accepted abstracts will be published in *Current Developments in Nutrition*, one of ASN's gold open access journals. When published, abstract authors will be listed with the presenting author first, followed by the co-authors in the order they are listed and based on the information provided in the Co-Authors(s) Task.

**Please thoroughly review all co-author information carefully to ensure all co-authors are included, all co-author information is correct, and co-authors are listed in the correct author order.**

- ✓ When all co-author information is added or if you do not wish to include any co-authors, click 'Continue' to complete the task.

## ABSTRACT TASK:

### IMPORTANT NOTES:

- Due to the amount of information required, ASN recommends that presenting authors develop and save their abstract in a Word document. Abstract text can then be copied and pasted into the abstract heading sections described below.
- Please note ASN strongly recommends the use of “people-first language”. This includes describing individuals as people with a medical condition rather than as diseases or disabilities. Terms such as “adults with obesity” and “children with diabetes” are preferred over “obese adults” and “diabetic children”. For more information consult “[Use of people-first language with regard to obesity](#)” *Am J Clin Nutr* 2018;108:201 or “[The Effect of Words on Health and Diabetes](#)” *Diabetes Spectrum* 2017;30:1116.
- The Abstract Task cannot be saved unless all required fields are completed. Required fields include:
  - Primary Track
  - Primary Topical Area
  - Objectives
  - Methods
  - Results
  - Conclusions
  - Funding Sources
- **Disclosure regarding use of generative AI and AI-assisted technologies:** Authors must disclose the use of generative AI and AI-assisted technologies in the writing process by adding a statement to the AI Disclosures section at the end of the abstract body. This declaration does not apply to the use of basic tools for checking grammar, spelling, references, etc. If there is nothing to disclose, there is no need to add a statement. Please see pages 10-11s for more information.

**Primary Track and Primary Topical Area:** Presenting authors must select a primary track and primary topical area with which the abstract should be associated. Only one track and topical area can be selected. Please consider submitting your abstract even if you believe it does not fit precisely into one of the options available. Abstracts will be reviewed and an abstract’s track and/or topical area may be adjusted to group like abstracts together for presentation.

Leaders from ASN’s Research Interest Sections and Councils will use the topical areas and keywords (more information below) to program abstracts. [Click here](#) to view/download the complete track and topical area list.

**Abstracts without results will be rejected.** Exceptions will only be made for study protocol abstracts, which must be denoted as a study protocol in the abstract title and submitted to the Protocols abstract topical area.

Below, please find more information about specific topical areas for clarification:

- **Clinical Case Study Abstracts:** Special instructions regarding abstract submission for the Clinical Case Study topical area are included on page 13.
- **Methods Abstracts:** Abstracts should address newly established or characterized methods, or evaluations of existing methods.
- **Protocols Abstracts:** Abstracts should include descriptions of proposed studies, or recruitment and process results of newly started studies. Protocols abstracts must be denoted in the abstract title and submitted to the Protocols abstract topical area.

- Abstracts including preliminary results from ongoing studies should not be submitted to the Protocols topical area and should be submitted to the appropriate topical area for the abstract's content.

**Abstract:** The abstract has a character limit of 2000 characters not including spaces. Each abstract should be formatted using the headings Objectives, Methods, Results, Conclusions and Funding Sources. The AI Disclosure section should be updated for authors to disclose the use of generative AI and AI-assisted technologies in the writing process. The abstract's current total character count not including spaces can be found in the gray bar at the bottom of the page.

- **Objectives:** State the precise objective, the specific hypothesis to be tested, or both.
- **Methods:** Provide a clear, concise description of specific methods, including research design. Describe interventions, if used.
- **Results:** Report the most important findings, including results of statistical analyses. Results should include at least preliminary data. To say, “the results will be discussed at NUTRITION 2026,” is insufficient. **Abstracts without results will be rejected.** Exceptions will only be made for study protocol abstracts, which must be denoted as a study protocol in the abstract title and submitted to the Protocols abstract topical area.
- **Conclusions:** Summarize in 1 or 2 sentences the primary outcomes of the study, including their potential significance (avoid generalizations).
- **Funding Sources:** Funding sources (organizations, institutions, agencies) for the research included in the abstract should be listed. Grant numbers should not be included in the abstract as this could impact the efficacy of a blinded abstract review process.
- **AI Disclosures:** Authors must disclose the use of generative AI and AI-assisted technologies in the writing process by adding a statement to the AI Disclosures section at the end of the abstract body. This declaration does not apply to the use of basic tools for checking grammar, spelling, references, etc. If there is nothing to disclose, there is no need to add a statement. Please see page 10-11 for more information.

Supporting images, tables and graphs will **not** be accepted with abstracts.

When using abbreviations for compounds, the full name should be spelled out for the first mention. The *Current Developments in Nutrition* [instructions](#) for abbreviations, units of measure and nomenclature should be followed. Do not begin sentences with numerals.

Names and institutions of the presenting author or co-authors should not be included in the abstract body as this could impact the efficacy of a blinded abstract review process.

When entering abstract information on the [NUTRITION 2026 Abstract Submission website](#), do not use the options to insert/edit video, insert/edit link, or create a table. Any such elements will be removed.

**Special Characters and Formatting:** Please proof the abstract carefully to confirm that any special characters (such as  $\alpha$ ,  $\beta$ , etc.) are displaying properly.

**AI Disclosures Section Instructions for the declaration regarding use of generative AI and AI-assisted technologies:** Authors must disclose the use of generative AI and AI-assisted technologies in the writing process by adding a statement at the end of their abstract. This statement will be included in the AI Disclosures section at the end of the abstract body. No other information should be included in the AI Disclosures section except for the AI-related statement.

This declaration does not apply to the use of basic tools for checking grammar, spelling, references, etc. If there is nothing to disclose, there is no need to add a statement.

The below guidance only refers to the writing process, and not to the use of AI tools to analyze and draw insights from data as part of the research process.

Where authors use generative artificial intelligence (AI) and AI-assisted technologies in the writing process, authors should only use these technologies to improve readability and language. Applying the technology should be done with human oversight and control, and authors should carefully review and edit the result, as AI can generate authoritative-sounding output that can be incorrect, incomplete or biased. AI and AI-assisted technologies should not be listed as an author or co-author, or be cited as an author. Authorship implies responsibilities and tasks that can only be attributed to and performed by humans, as outlined in Elsevier's [AI policy for authors](#).

Authors should disclose in their abstract the use of AI and AI-assisted technologies in the writing process by following the instructions below. A statement will appear in the published work. Please note that authors are ultimately responsible and accountable for the contents of the work.

#### *AI Disclosure instructions*

Authors must disclose the use of generative AI and AI-assisted technologies in the writing process by adding a statement at the end of their abstract. This statement will be included in the AI Disclosures section at the end of the abstract body. No other information should be included in the AI Disclosures section except for the AI-related statement.

This declaration does not apply to the use of basic tools for checking grammar, spelling, references etc. If there is nothing to disclose, there is no need to add a statement.

A template of the statement is below which can be customized by authors disclosing use of generative AI and AI-assisted technologies in the writing process.

#### *Statement:*

During the preparation of this work, the author(s) used [NAME TOOL / SERVICE] in order to [REASON]. After using this tool/service, the author(s) reviewed and edited the content as needed and take(s) full responsibility for the content of the publication.

- ✓ When all abstract information is added, click the blue 'Continue' button to complete the task.

### KEYWORDS TASK:

**Keywords:** Presenting authors must provide at least two keywords associated with the content area of the abstract to assist with programming at NUTRITION 2026.

ASN groups (e.g., Research Interest Sections, Councils) will use topical areas and keywords to program abstracts. These groups have provided suggested keyword lists, though, presenting authors are not limited to these keywords. [Click here](#) to view/download the list of suggested keywords.

- ✓ When all keyword information is added, click the blue 'Continue' button to complete the task.

### AUTHORS' STATEMENT AND PUBLICATION AGREEMENT TASK:

**Authors' Statement and Publication Agreement:** Presenting authors are required to complete the Authors' Statement and Publication Agreement. Please note that submission of an electronic signature is the legal equivalent of a manual signature on this Agreement. [Click here](#) to review the agreement.

- ✓ When the form is completed by checking the box at the bottom of the page and the electronic signature is typed in, click the blue 'Submit Agreement' button to complete the task.

### AWARD COMPETITIONS AND ABSTRACT RECOGNITION AWARDS TASK:

**Award Competitions and Abstract Recognition Awards:** During abstract submission, presenting authors can apply for ASN award competitions and abstract recognition awards depending on their academic level. ASN membership is required to be considered for these opportunities. [Click here](#) to view/download complete details including eligibility, requirements, and processes.

- ✓ When the required information is added, click the blue 'Continue' button to complete the task.

## ABSTRACT SUBMISSION FEE TASK:

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ASN members receive exclusive discounts on NUTRITION 2026 abstract submission, registration, plus other member benefits! If you are unsure about your ASN member status, please email [mem@nutrition.org](mailto:mem@nutrition.org). Please note ASN membership is required to (1) receive member-only rates for abstract submission and meeting registration, and/or (2) be eligible for abstract-based award competitions and recognition awards.

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### **Non-member Fee: \$120**

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A credit card (American Express, Discover, MasterCard or Visa) will be required for payment. No refunds will be provided if the abstract is withdrawn or not accepted. The abstract submission fee is separate from the meeting registration fee.

To offset the NUTRITION 2026 abstract submission fee for individuals who have been financially impacted such that they are otherwise unable to submit, or the full submission fee would present a hardship, ASN has established an Abstract Submission Fee Waiver program. ASN members and non-members are eligible to apply. Applications are subject to approval and approved waivers are limited to available funding. For consideration, please complete and [submit an application](#) by February 25, 2026. Waiver recipients will be contacted no later than March 4, 2026.

- ✓ When the payment information is completed, click the blue 'Submit Payment' button to complete the task. A confirmation email for the payment will be sent to the e-mail address included in the abstract submission fee task.

## ABSTRACT SUBMISSION COMPLETION:

- ✓ When all tasks have been completed, on the Task List page, click the blue 'Next' button and then the blue 'Submit' button to officially submit the abstract. A confirmation email for the abstract's submission will be sent to the presenting author.

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### Clinical Case Study Instructions:

For abstracts submitted as a Case Study within the Clinical Case Study topical area, a clinical vignette or case report is a means of disseminating new knowledge gained from clinical practice. It can address an unusual condition; a complication of a known disease; an unusual side effect or adverse response to a mode of treatment; or a new approach to a condition. Maintaining patient anonymity is essential. Case reports should follow a similar format and length of scientific abstracts.

Authors should submit case study and vignette information in the specified abstract section listed below during abstract submission:

<i>Case study and vignette information to be submitted:</i>	<i>Abstract Submission website abstract section where it should be submitted:</i>
Introduction	<b>Objectives</b>
Case Description	<b>Methods</b>
Discussion	<b>Results</b>
Conclusions (key learning points and implications for clinical practice)	<b>Conclusions</b>