

Nutrition in Clinical Practice

A course held in conjunction with



SATURDAY, MAY 31, 2025

7:30 am–3:45 pm

Hilton Orlando | Orlando, FL

A course for clinicians interested in applying evidence-based nutrition to their practice

Join your colleagues for this can't-miss educational program hosted by the American Society for Nutrition and the National Board of Physician Nutrition Specialists.

Welcome and Introductions

Monica Agarwal, MD, MEHP
University of Alabama at Birmingham
Program Chair, Nutrition in Clinical Practice

SESSION 1: Nutrition in the Era of Nutrient-Stimulated Hormone-Based Therapeutics (Glucagon-like peptide 1 receptor agonists, GLP-1 RA)

Nutrition Considerations with Long-term Use of GLP-1RA

Fatima Cody Stanford, MD, MPH, MPA
Massachusetts General Hospital and Harvard Medical School

Patient Selection and Medical Management of Obesity with GLP-1RA

Mahima Gulati, MD, MSc
University of Connecticut Health School of Medicine

Nutrition and GLP-1RA in Children and Teens

Claudia Fox, MD
University of Minnesota Medical School

Nutrition and GLP-1RA in Elderly Patients

John Batsis, MD
University of North Carolina School of Medicine

SESSION 2: Current Perspectives in Metabolic Disease: Prevention, Precision, and Patient-Centered Care

MAFLD to Cirrhosis: Insights into Prevention and Management

Monica Tincopa, MD, MS
UC San Diego Health

Precision Nutrition for Cardiovascular Health

Frank Hu, MD, MPH, PhD
Harvard Medical School and Brigham and Women's Hospital

Optimizing Comprehensive Care Across the Lifespan: A Case-Based Approach to Managing Metabolic Disorders

Ada Lee, DO
Stony Brook Children's Hospital

Monica Agarwal, MD, MEHP
University of Alabama at Birmingham

SESSION 3: Nutrition in Cancer Care: From Prevention Through Treatment and Beyond

Cancer Cachexia and Nutrition During Chemotherapy

Zhaoping Li, MD, PhD
UCLA School of Medicine

Nutrition in Cancer Prevention and Survival

Wendy Demark-Wahnefried, PhD, RD
University of Alabama at Birmingham

SESSION 4: Artificial Intelligence in Clinical Nutrition: Real-World Applications

Berkeley Limketkai, MD, PhD
UCLA Center of Inflammatory Bowel Diseases

Closing Comments

Anupama Chawla, MD
Stony Brook Children's Hospital

ACCREDITATION: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the American Society for Nutrition (ASN). ASN is accredited by the ACCME to provide continuing medical education for physicians. ASN designates this live activity for a maximum of 7.0 AMA PRA Category 1 Credits™. For select specialties, credit will count towards Maintenance of Certification (MOC).

MAINTENANCE OF CERTIFICATION (MOC): Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 7.0 MOC points in the American Board of Internal Medicine's (ABIM) MOC. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

PLANNING COMMITTEE: Monica Agarwal, MD, MEHP, University of Alabama at Birmingham; Jill Cherry-Bukowiec, MD, University of Michigan Health; Berkeley N. Limketkai, MD, PhD, UCLA Center for Inflammatory Bowel Diseases

NATIONAL BOARD OF PHYSICIAN NUTRITION SPECIALIST ADVISORS: Anupama Chawla, MD, DCH, Stony Brook Children's Hospital; Zhaoping Li, MD, PhD, UCLA School of Medicine

COURSE FEES

Add to Nutrition 2025 Registration and Save!

	COURSE REGISTRATION Course only	COURSE REGISTRATION Add-on to NUTRITION 2025 Registration
Physicians/Other Health Professionals	\$250	\$125
Medical Residents/Early Career Professionals*	\$150	\$75
Medical/Other Students	\$75	\$25

For more information and to register:

[NUTRITION.LINK/CLINICAL-COURSE](https://nutrition.link/clinical-course)

*Early Career Professionals are within ten years of their terminal degree.