![NUTRITION 2023 — Where the Best in Science & Health Meet — July 22-25 • Boston, MA](logo)

Abstract Submission: Guidelines and Instructions

The American Society for Nutrition (ASN) welcomes the submission of unpublished research in the form of abstracts for presentation at NUTRITION 2023 which will be held July 22-25, 2023 in Boston, MA.

Abstracts can include:

New research	Unpublished research and/or secondary analysis of data
Methods	Newly established or characterized methods, or evaluations of existing methods
Protocols	Descriptions of proposed studies, or recruitment and process results of newly started studies
Case study vignette	A clinical vignette or case report is a means of disseminating new knowledge gained from clinical practice

Click here to submit. For complete abstract submission guidelines and instructions, please see below.

Questions? Please contact education@nutrition.org.

Key Dates:

- Abstract submission opens: December 2022
- Abstract submission closes: March 1, 2023, 11:39 PM ET
- Abstract acceptance notifications sent: April 3, 2023
- Abstract programming assignments sent: April 24, 2023

LATE BREAKING/RAPID SCIENCE SUBMISSIONS

Separate from abstracts, ASN will welcome **Late Breaking/Rapid Science Submissions** featuring high-impact research nearing final publication beginning on March 20, 2023.

These submissions should present data that are high impact, groundbreaking, innovative and newsworthy for which results were not available by the March 1, 2023 abstract submission deadline.

For more information and to see if your work is eligible, click here for Guidelines, Eligibility and Instructions.

Abstract Submission Guidelines:

Requirements: NUTRITION 2023 abstract submissions must include unpublished nresearch and be submitted through the [NUTRITION 2023 Abstract Submission website](). Multiple abstracts can be submitted by the same presenting author but must address different research. All abstracts must be submitted in English with accurate grammar and spelling suitable for publication. Authors are expected to comply with the [NUTRITION 2023 Scientific Integrity Policy for Submission of Abstracts]().

Authors: Abstracts must be submitted by the presenting author who is expected to present the abstract at NUTRITION 2023. Co-authors can be included on the abstract.

Abstract Submission Fee: Presenting authors are required to pay a non-refundable $75 fee for each submitted abstract. A credit card will be required for payment. No refunds will be provided if the abstract is withdrawn. The abstract submission fee is separate from the meeting registration fee.

To offset the NUTRITION 2023 abstract submission fee for individuals who have been financially impacted such that they are otherwise unable to submit, or the full submission fee would present a hardship, ASN has established an Abstract Submission Fee Waiver program. ASN members and non-members are eligible to apply. Applications are subject to approval and approved waivers are limited to available funding. For consideration, please complete and submit an application by February 20, 2023. Waiver recipients will be contacted no later than February 27, 2023. *Please note the deadline to apply for an abstract submission fee waiver has passed.*

Award Competitions and Travel Funding Opportunities: Based on academic level and ASN membership status, presenting authors may apply for award competitions and abstract recognition awards during abstract submission. For more information, [click here](). Notifications will be sent to selected individuals in late April 2023.

Revisions: Revisions can be made through the [NUTRITION 2023 Abstract Submission website]() through March 1, 2023. Please proofread abstract submissions carefully because edits will not be made by ASN staff. Abstracts will be published verbatim using the text and author information provided during abstract submission.

Abstract Review: All abstracts will be peer-reviewed through a double-blind review process for quality assurance. Reviewers will consider the following when rating abstracts: abstract components (objective, methods, results and conclusions), significance and writing quality. Results should include at least preliminary data. To say, "the results will be discussed a NUTRITION 2023," is insufficient. **Abstracts without results will be rejected.** Exceptions will only be made for study protocol abstracts, which must be denoted as a study protocol in the abstract title.

Acceptance and Programming Notification: Presenting authors will be notified by email regarding abstract acceptance on April 3, 2023 and abstract programming details (abstract presentation number, presentation type/date/time/location) on April 24, 2023. Please make sure your e-mail settings will allow emails from [mcrispino@nutrition.org](), [education@nutrition.org]() and [support@GoCadmium.com]() to insure important program information gets through your SPAM filters.

Publication: Accepted abstracts will be published in *[Current Developments in Nutrition](),* ASN's open access journal. Abstracts will be published verbatim using the text and information provided during abstract submission. Abstract authors will be listed in the same order as they are included in the abstract submission.

While accepted abstracts will be published in *Current Developments in Nutrition*, **accepted abstracts will be indexed in PubMed Central but PubMed is not expected to index the abstract.**

Authors are free to develop their work into full article submissions without any permission or approval by the *Current Developments in Nutrition* editors. All authors are encouraged to submit their full articles to one of ASN's journals: *The Journal of Nutrition, The American Journal of Clinical Nutrition, Advances in Nutrition* or *Current Developments in Nutrition*. When submitting your work to an ASN or other journal, publication of the meeting abstract should be mentioned in the cover letter to the submitting journal. When submitting outside the ASN family of journals, authors are encouraged to read the journal's Instructions for Authors or contact the editorial office for further guidelines on disclosing abstract publication.

Full abstract citation information will be available once the abstracts are published in *Current Developments in Nutrition*.

Embargo Policy: Accepted abstracts are embargoed until either their publication in *CDN*, the meeting app, or the beginning of the first session in which they are presented, whichever happens first. An embargo means that information and data pertaining to the abstract may not be announced, publicized or distributed before the embargo date and time. Promotion of general topics, speakers or presentation times is allowed and encouraged as long as specific findings are not included in the announcement.

Meeting Participation: Submission of an abstract constitutes a commitment by the presenting author to present it if accepted. Failure to present, if not justified, will jeopardize future acceptance of abstracts for ASN conferences.

Registration Fee/Travel Costs: Presenting authors associated with an abstract must register for the meeting and are responsible for all travel expenses (airfare, food, hotel, etc.) associated with presenting at the meeting. The registration fee and travel costs are separate from the abstract submission fee. Registration information and rates will be available in late January. Please bookmark and visit https://nutrition.org/nutrition-2023/ for the ongoing updates.

Instructions:

IMPORTANT NOTES:

During submission, presenting authors will be asked to:

1. Select a **Primary Track** that best correlates with their work. We recognize that often research crosses several tracks, and that is okay. We will use this information to assess the overall distribution of program content and to assist with the recruitment of abstract reviewers.
2. Identify a **Primary Topical Area** related to the subject of your research. Again, we recognize that abstracts could cross multiple areas, and that is okay.
3. Identify two **Keywords** to assist with abstract programming. Suggested keywords have been provided by volunteer leaders from ASN member groups including Research Interest Sections (RIS) and Councils. You may choose any keywords from the list provided or you may choose to insert your own.

Supporting images, tables and graphs will **not** be accepted with abstracts.

Accepted abstracts will be published in *Current Developments in Nutrition*, ASN's open access journal. **Accepted abstracts will be indexed in PubMed Central but PubMed is not expected to index the abstract.**

Questions? Please contact education@nutrition.org.

Abstract Submission Website: NUTRITION 2023 abstracts must be submitted through the NUTRITION 2023 Abstract Submission website. All presenting authors must create a new user account to submit an abstract. To do so, click the 'Join Now' button at the bottom of the NUTRITION 2023 Abstract Submission website login page.

Technical Support: Technical Support can be reached 9:00 AM to 9:00 PM EST, Monday to Friday, by toll-free phone at 877-426-6323 or by e-mail at support@GoCadmium.com.

The following information will be required during the abstract submission process. Presenting authors will be required to complete a series of tasks which are described below.

<u>ABSTRACT INFORMATION:</u>

Once logged into the <u>NUTRITION 2023 Abstract Submission website</u>, presenting authors should click the green 'Click here to begin a new abstract' link to begin.

Abstract Title: The abstract title should be entered in Title Case and be short and specific. The abstract title has a character limit of 150 characters not including spaces.

Preferred Presentation Type: Presenting authors can indicate their interest in a preferred presentation type for the abstract. These include:
- **Poster (Poster Session):** NUTRITION 2023 will feature traditional Poster Sessions on July 22 through July 24, 2023. Poster presentations offer attendees the ideal opportunity to present their own research and learn more about their peers' science.
- **Oral (Oral Session or Poster Theater Flash Session):** At NUTRITION 2023, Oral Sessions and Poster Theater Flash Sessions will highlight outstanding abstracts in a topical area. Presenting authors can opt to have their abstract considered for oral presentations, however, selection is <u>not</u> guaranteed. If an accepted abstract is not selected for oral presentation, it will be programmed as a poster presentation.
- **Indifferent**

Presenting Author Academic Level: The academic level of the presenting author must be indicated during abstract submission. Academic levels include:

- Investigator (more than 10 years past receiving a doctoral or terminal degree)
- Early Career II Investigator (within 6-10 years of receiving a doctoral or terminal degree)
- Early Career I Investigator (within 5 years of receiving a doctoral or terminal degree)
- Postdoctoral Fellow
- Medical Trainee (intern/resident/fellow)
- Graduate Student
- Medical Student
- Undergraduate Student
- High School Student
- None of the above

✓ When the above information is provided, click the blue 'Submit' button to create the abstract. Once an abstract is created, a Task List page will be displayed.

Presenting Author: The presenting author's contact information and ASN membership status must be provided when a user profile is created on the NUTRITION 2023 Abstract Submission website. Once logged in and a new abstract submission is started, the presenting author's information will automatically be included in the Presenting Author Task. Follow the directions provided to complete the presenting author information.

The following information must be confirmed for the presenting author:
- First Name
- Last Name
- Contact Details
  - Email Address
  - Phone
  - Mailing address
- Professional Information
  - Institution
  - Credentials (degree)

Additional fields are included but are optional to be provided.

Accepted abstracts will be published in *Current Developments in Nutrition*, ASN's open access journal. When published, abstract authors will be listed with the presenting author first, followed by the co-authors as listed in the Co-Authors(s) Task.

✓ When the presenting author information is completed, click the blue 'Save Presenting Author' button to complete the task.

Co-Author(s): The abstract submission should identify all co-authors who have substantially contributed to the concept, data collection and analysis, or preparation of the abstract and therefore may have intellectual property claims to the content.

The following information must be added for all co-authors to be included on the abstract:
- First Name
- Last Name
- Email Address
- Institution

Additional fields are included but are optional to be provided.

Accepted abstracts will be published in *Current Developments in Nutrition*, ASN's open access journal. When published, abstract authors will be listed with the presenting author first, followed by the co-authors as listed in the Co-Authors(s) Task.

✓ When all co-author information is added or if you do not wish to include any co-authors, click 'Continue' to complete the task.

IMPORTANT NOTES:
- Due to the amount of information required, ASN recommends that presenting authors develop and save their abstract in a Word document. Abstract text can then be copied and pasted into the abstract heading sections described below.
- The Abstract Task cannot be saved unless all required fields are completed. Required fields include:
  - Primary Track
  - Primary Topical Area
  - Objectives
  - Methods
  - Results
  - Conclusions
  - Funding Sources

Primary Track and Primary Topical Area: Presenting authors must select a primary track and primary topical area with which the abstract should be associated. Only one track and topical area can be selected. Please consider submitting your abstract even if you believe it does not fit precisely into one of the options available. Abstracts will be reviewed and an abstract's track and/or topical area may be adjusted to group like abstracts together for presentation.

Leaders from ASN's Research Interest Sections and Councils will use the topical areas and keywords (more information below) to program abstracts. Click here to view/download the complete track and topical area list.

Below, please find more information about specific topical areas for clarification:
  - **Case Study Vignette Abstracts:** Special instructions regarding Case Study Vignette abstract submission are included on page 8.
  - **Methods Abstracts:** Abstracts should address newly established or characterized methods, or evaluations of existing methods.
  - **Protocols Abstracts:** Abstracts should include descriptions of proposed studies, or recruitment and process results of newly started studies. Abstracts including preliminary results from ongoing studies should not be submitted to the Protocols topical area and should be submitted to the appropriate topical area for the abstract's content.

Abstract: The abstract has a character limit of 2000 characters not including spaces. Each abstract should be formatted using the headings Objectives, Methods, Results, Conclusions and Funding Sources. The abstract's current total character count not including spaces can be found in the gray bar at the bottom of the page.
- **Objectives:** State the precise objective, the specific hypothesis to be tested, or both.
- **Methods:** Provide a clear, concise description of specific methods, including research design. Describe interventions, if used.
- **Results:** Report the most important findings, including results of statistical analyses. Results should include at least preliminary data. To say, "the results will be discussed at NUTRITION 2023," is insufficient. **Abstracts without results will be rejected.** Exceptions will only be made for study protocol abstracts, which must be denoted as a study protocol in the abstract title.
- **Conclusions:** Summarize in 1 or 2 sentences the primary outcomes of the study, including their potential significance (avoid generalizations).
- **Funding Sources:** Funding sources (organizations, institutions, agencies) for the research included in the abstract should be listed. Grant numbers should not be included in the abstract as this could impact the efficacy of a blinded abstract review process.

Supporting images, tables and graphs will **not** be accepted with abstracts.

When using abbreviations for compounds, the full name should be spelled out for the first mention. The *Current Developments in Nutrition* instructions for abbreviations, units of measure and nomenclature should be followed. Do not begin sentences with numerals.

Names and institutions of the presenting author or co-authors should not be included in the abstract body as this could impact the efficacy of a blinded abstract review process.

When entering abstract information on the NUTRITION 2023 Abstract Submission website, do not use the options to insert/edit video, insert/edit link, or create a table. Any such elements will be removed.

Special Characters and Formatting: Please proof the abstract carefully to confirm that any special characters (such as α, β, ≥, ≤, etc.) are displaying properly.

✓ When all abstract information is added, click the blue 'Continue' button to complete the task.

KEYWORDS TASK:

Keywords: Presenting authors must provide at least two keywords associated with the content area of the abstract to assist with programming at NUTRITION 2023.

ASN groups (e.g., Research Interest Sections, Councils) will use topical areas and keywords to program abstracts. These groups have provided suggested keyword lists, though, presenting authors are not limited to these keywords. Click here to view/download the list of suggested keywords.

✓ When all keyword information is added, click the blue 'Continue' button to complete the task.

AUTHORS' STATEMENT AND PUBLICATION AGREEMENT TASK:

Authors' Statement and Publication Agreement: Presenting authors are required to complete the Authors' Statement and Publication Agreement. Please note that submission of an electronic signature is the legal equivalent of a manual signature on this Agreement. Click here to review the agreement.

✓ When the form is completed by checking the box at the bottom of the page and the electronic signature is typed in, click the blue 'Submit Agreement' button to complete the task.

AWARD COMPETITIONS AND TRAVEL FUNDING OPPORTUNITIES TASK:

Award Competitions and Travel Funding Opportunities: During abstract submission, presenting authors can apply for ASN award competitions and abstract recognition awards depending on their academic level and ASN membership status. ASN membership is required to be considered for these opportunities. Click here to view/download complete details including eligibility, requirements, and processes.

✓ When the required information is added, click the blue 'Continue' button to complete the task.

ABSTRACT SUBMISSION FEE TASK:

Abstract Submission Fee: Presenting authors are required to pay a non-refundable $75 fee for each submitted abstract. A credit card (American Express, Discover, MasterCard or Visa) will be required to submit payment. No refunds will be provided if the abstract is withdrawn. The abstract submission fee is separate from the meeting registration fee and travel costs.

To offset the NUTRITION 2023 abstract submission fee for individuals who have been financially impacted such that they are otherwise unable to submit, or the full submission fee would present a hardship, ASN has established an Abstract Submission Fee Waiver program. ASN members and non-members are eligible to apply. Applications are subject to approval and approved waivers are limited to available funding. For consideration, please complete and submit an application by February 20, 2023. Waiver recipients will be contacted no later than February 27, 2023. *Please note the deadline to apply for an abstract submission fee waiver has passed.*

✓ When the payment information is completed, click the blue 'Submit Payment' button to complete the task. A confirmation email for the payment will be sent to the e-mail address included in the abstract submission fee task.

ABSTRACT SUBMISSION:

✓ When all tasks have been completed, on the Task List page, click the blue 'Next' button and then the blue 'Submit' button to officially submit the abstract. A confirmation email for the abstract's submission will be sent to the presenting author.

Case Study Vignette Instructions:

For abstracts submitted as a Case Study Vignette within the topical area Medical Nutrition/Case Study Vignettes, a clinical vignette or case report is a means of disseminating new knowledge gained from clinical practice. It can address an unusual condition; a complication of a known disease; an unusual side effect or adverse response to a mode of treatment; or a new approach to a condition. Maintaining patient anonymity is essential. Case reports should follow a similar format and length of scientific abstracts.

Authors should submit case study and vignette information in the specified abstract section listed below during abstract submission:

Case study and vignette information to be submitted:	*Abstract Submission website abstract section where it should be submitted:*
Introduction	**Objectives**
Case Description	**Methods**
Discussion	**Results**
Conclusions (key learning points and implications for clinical practice)	**Conclusions**