



# NUTRITION notes

YOUR MONTHLY MEMBER NEWSLETTER

## Help Shape the Next Ten Years of NIH Nutrition Research

The NIH Nutrition Research Task Force ([NRTF](#)) is developing the first ever NIH-wide strategic plan for nutrition research for the next 10 years. The strategic plan will emphasize cross-cutting, innovative opportunities to advance nutrition research across a wide range of areas, from basic science to experimental design to training. These opportunities will complement and enhance ongoing research efforts across NIH to improve health and to prevent or combat diseases and conditions affected by nutrition.

The NRTF invites input on critical gaps or opportunities in nutrition that could be addressed by research funded by the NIH. [Click here](#) to provide as many ideas as you have. The website will close on **April 16**.



Read more Public  
Policy News

(Members Only)



## >> Attend EB 2017 in Chicago, IL

Register Now

View this year's exciting [schedule at a glance!](#) The member registration rates are as follows:

Regular/Associate Members: \$ 560 / Postdoctoral Trainee: \$ 435  
Retired: \$ 160 / Graduate Student: \$ 95 / Undergraduate Student: \$ 30

Don't miss ASN's final meeting in conjunction with Experimental Biology. The dates and location for ASN's new flagship meeting – **Nutrition 2018** - will be announced in Spring 2017.

## >> Reserve Housing for ASN@EB17

Register Now

[Reserve your hotel](#) by March 31 to take advantage of significant savings. ASN's headquarters hotel is the Hilton Chicago. **Be sure to check for updates at <http://scientificsessions.nutrition.org>.**

## Keep Up with ASN National Nutrition Research Roadmap Webinar Series

ASN recently launched a four-part webinar series focusing on the questions and topics in the [National Nutrition Research Roadmap 2016–2021: Advancing Nutrition Research to Improve and Sustain Health](#).

Stay on top of research funding opportunities by tuning in today. View the first three recorded sessions at these links:

- [Part 1: Basic Science and Epidemiology of Nutrition](#)
- [Part 2: Measuring and Monitoring Individual Dietary Intake and the Food Environment](#)
- [Part 3: Behavioral Science of Eating](#)



Professional  
Development

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## Funding and Research Opportunities

### Clinical Nutrition Internship Program

[>> Applications due March 15, 2017 <<](#)

*Attention Medical Students:* Applications are being accepted for ASN's Clinical Nutrition Internship Program. This program is designed to increase the role of nutrition in the practice of medicine, medical research, health promotion, and disease prevention by providing a unique combination of educational experiences to medical students. Students are exposed to both clinical and academic aspects of nutrition during the 8-week internship. [Click here](#) for more information.

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### IUNS Early Career Travel Grant

[>> Applications due March 31, 2017 <<](#)

The International Union of Nutritional Sciences (IUNS) is sponsoring travel to the 21st International Congress of Nutrition (IUNS-ICN) in Buenos Aires, Argentina, 15-20th October 2017. A limited number of travel grants are available for early career scientists (within 10 years of graduation). Interested Early Career Scientists should visit the [21st IUNS-ICN website](#) for more information and to apply.

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### Informing the Delivery of Nutrition Interventions for Adolescent Girls and Young Women in Low or Middle Income Countries

[>> Proposals Due April 15, 2017 <<](#)

The Sackler Institute for Nutrition Science manages a collaborative research initiative aimed at advancing the state of knowledge in adolescent women nutrition. To deepen this initiative, the Sackler Institute invites proposals that shall focus on two streams of research:

1. **The study of occupational status among adolescent women and on timing of interventions:** Understanding of how adolescents' economic activities affect their nutrition, and how such knowledge may lead to better intervention designs.
2. **The timing of nutritional interventions with a focus on the reproductive cycle:** Proposals shall advance our understanding of the effects that different timing of interventions (from preconception through pregnancy) may have on health outcomes.

[Download the detailed RFP here](#) (PDF).



ASN on Demand

### ASN Meeting Content Anywhere Anytime

View slide-synced audio or listen to podcasts of sessions from the **2016 ASN Scientific Sessions at EB** and **2015 Advances and Controversies in Clinical Nutrition** via [ASN on Demand](#). Selected sessions are available at no cost. Full meeting content can also be [purchased](#) within ASN on Demand at the special rates of \$350 for **2016 ASN Scientific Sessions**

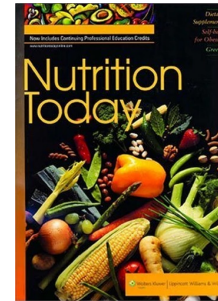
Visit ASN On Demand

at *Experimental Biology* and \$275 for *2015 Advances and Controversies in Clinical Nutrition (ACCN)*. Sessions from **ACCN2016** will be available in January 2017. If you pre-purchased content as part of your meeting registration, your access code and a special link was sent to you via email. Visit [ASN on Demand Help](#) or contact [meetings@nutrition.org](mailto:meetings@nutrition.org) for further details.

## Subscribe to Nutrition Today

*Nutrition Today* is an ASN official partner publication, helping professionals clear a pathway through today's maze of fad diets and cure-all claims by easy-to-read, authoritative reviews. Members can subscribe at exclusive rates for the print and online versions and receive full online access at [nutritiontodayonline.com](http://nutritiontodayonline.com) including archived issues and mobile view.

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## ASN Journal Highlights



### *The American Journal of Clinical Nutrition (AJCN)*

March 2017, 105(3)

#### Editor's Pick

- [Effects of interpretive nutrition labels on consumer food purchases: the Starlight randomized controlled trial](#) [Ni Mhurchu et al]

Current Issue



### *The Journal of Nutrition (JN)*

March 2017, 147(3)

#### Editor's Picks

- [The dietary inflammatory index is associated with colorectal cancer risk in the Multiethnic Cohort](#) [Harmon et al]
- [Greater adherence to cancer prevention guidelines is associated with higher circulating concentrations of vitamin D metabolites in a cross-sectional analysis of pooled participants from 2 chemoprevention trials](#) [Kohler et al]
- [Increases in plasma tryptophan are inversely associated with incident cardiovascular disease in the Prevención con Dieta Mediterránea \(PREDIMED\) Study](#) [Yu et al]

Current issue



### *Advances in Nutrition (AN)*

January/February 2017, 8(1)

#### Selected articles from the current issue

- [Nutritional Considerations for Healthy Aging and Reduction in Age-Related Chronic Disease](#) [Shlisky et al]
- [Current Evidence on the Association of Dietary Patterns and](#)

## Highlights from Other Journals

- [Methodological considerations and impact of school-based interventions on objectively measured physical activity in adolescents: a systematic review and meta-analysis](#) [Borde et al]
- [Glycaemic index, glycaemic load and risk of cutaneous melanoma in a population-based, case-control study](#) [Malavoti et al]
- [Long-term outcomes of bariatric surgery in adolescents with severe obesity \(FABS-5+\): a prospective follow-up analysis](#) [Inge et al]
- [The flavonoid cyanidin blocks binding of the cytokine interleukin-17A to the IL-17RA subunit to alleviate inflammation in vivo](#) [Liu et al]
- [A Systematic Review of Cardiovascular Disease in Sexual Minorities](#) [Caceres et al]
- [Fructose in Breast Milk Is Positively Associated with Infant Body Composition at 6 Months of Age](#) [Goran et al]

### Introducing ASN's Newest Journal, CDN:



**Video:** Editor Jack Odle & Deputy Editor Sarah Booth discuss ASN's newest journal

[Visit the journal website](#)

### Highlight: Jack Odle Editorial

Editor-in-Chief Jack Odle introduced CDN in his first editorial, "[Current Developments in Nutrition: A New Journal Designed for the Open-Access Era](#)," published on January 19. CDN is a peer-reviewed, open access journal that strives to briskly review, publish, and disseminate high-quality research in nutritional sciences. The scope of CDN includes multiple animal species and ranges from deep, mechanistic studies at molecular/biochemical and cellular levels to whole-body metabolism, clinical health, fitness, and population health.

CDN's first "Early Release" article, [The impact of tannin consumption on iron bioavailability and status: A narrative review](#), by Delimont et al, was also published online January 19th.

[Submit a manuscript](#)

## Member Spotlight [\(click here for the full interview\)](#)

### Interview with Dr. Juan Rivera Dommarco

*Director of the National Institutes of Public Health (INSP), President of the Latin American Nutrition Society (SLAN), and Executive Board Member of the Ibero-American Nutrition Foundation (FINUT)*

Dr. Rivera is the newly appointed Director of the National Institutes of Public Health, where he has been since 1993. There he founded the Center for Research in Nutrition and Health in 2001. He is also Professor of Nutrition in the School of Public Health of Mexico and Adjunct Professor at Emory University. Dr. Rivera has published more than 400 scientific articles, book chapters, and books, and made more than 500 presentations and conferences at scientific events. He is past

recipient of the Kellogg International Nutrition Research Award from ASN, granted for active engagement in research to benefit populations in non-industrialized countries, as demonstrated through publications in the scientific literature, and actively engaged in training new scientists for international nutrition research. (Below is an excerpt; [click here](#) for the full interview.)



Dr. Rivera and family on the 18th birthday their daughter Angela. His wife, Teresita Gonzalez-Cossio is also an ASN member.

**Q:** How did you first get involved in nutrition epidemiology and research? What made you interested in the field of nutrition science?

**A:** My original motivation was poverty and inequity. Most Latin American Countries, including Mexico have profound inequities. Since childhood, I felt social inequalities were morally wrong. During high school, I read several books about social injustice, including Josue de Castro's recounts of inequity, and a direct indicator of inequity was hunger and undernutrition. After high school, I spent some time in an indigenous community in Chiapas, where I witnessed poverty very closely. That is when I decided to devote my life to fight undernutrition, hunger, and their health effects. My undergraduate training was in nutrition and food sciences at the Universidad Iberoamericana, a Jesuit University in Mexico City with a mystic about poverty alleviation. I did my internship training with Dr. Joaquín Cravioto, a prominent Mexican scientist interested in undernutrition and mental development. He inspired me to become a nutrition scientist. I started reading the works of Scrimshaw, Habicht, and Martorell at INCAP in Guatemala and I corresponded with Jean-Pierre Habicht, who invited me to visit the Division of Nutritional Sciences at Cornell. After my visit, I decided to undergo postgraduate training in Nutrition at that University. ([click here](#) for the full interview)

**Q:** What aspects of ASN membership have you found most useful, professionally? What other aspects of your membership do you find useful as your career has progressed?

**A:** I appreciate the opportunity to keep up-to-date about new knowledge in the area of global nutrition, along with the high quality of the research results presented and lively discussions at Experimental Biology. I also advocate for ASN journals, in which I have published repeatedly, and I enjoy the opportunity to meet with colleagues and old friends during ASN meetings, where we often discuss new research and explore collaborations. More recently, ASN meetings have exposed my students to high quality works and allowed them to share the results of their studies with other nutrition scientists.

**Q:** What aspects of your research do you foresee being most important for ASN members?

**A:** In Mexico, we face the double burden of undernutrition and obesity; therefore, we are conducting research aimed at solving these two problems, which together are of great interest to the Global Nutrition Council and to much of the ASN membership. [Some of our current projects involve] monitoring the magnitude and trends of the double burden of malnutrition in Mexico during the last 30 years through national nutrition surveys, [and] conducting evaluations of the effects of several programs and policies applied by the Government for the prevention and control of the double burden of malnutrition. ([click here](#) for the full interview)

## Important Dates

Mar 31, 2017

### [EB Hotel Registration Deadline](#)

Book your hotel early to ensure preferred location and best price.

Apr 22, 2017

### EB 2017, Chicago - April 22-27

Register early for best rates & hotel availability. [Visit website to register.](#)

May 22-25,  
2017

### [Nutrigenetics, Nutrigenomics and Precision Nutrition](#)

UNC Nutrition Research Institute presents this short course in Kannapolis, NC. Early registration ends **March 15**.

Oct 15-20,  
2017

### [IUNS 21st International Congress of Nutrition](#) (Buenos Aires)

Abstract deadline is **March 31**. Visit the [ICN website](#) for more details.

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